



Gilding the Needle

"A few stitches today...an heirloom tomorrow."

Cataraqui Guild of Needle Arts
Vol. 21, Issue 1 Fall 2022

Cataraqui Guild of Needle Arts is a chapter of Embroidery Association of Canada
Website www.quiltskingston.org/cgna



President's Message

Wow! That was a quick summer! Do you feel the same? September is essentially here. And the best part of September this year is we will be able to see each other regularly again!

Yes, there are lots of changes and all for the better. CGNA is like a phoenix rising. We will run into glitches, because that's what life is all about. We are making a new beginning in a new location, with a changed program that has been built with you in mind. Your Program Committee has been very busy this summer. Thank you, ladies! You can find details elsewhere in this newsletter.

Having said all that, if you have ideas, please feel free to share them with your Executive, honestly. We will get better and better with your input.

We want to keep everyone safe. Let me say that again. We want to keep everyone safe. I spoke to the Health Unit and they told me the best way to do that is to continue masking and social distancing. So, for the health of ALL, we will continue to mask and social distance wherever possible. When someone speaks to the group and they are social distanced, they can remove their mask. When we eat, we will be social distanced, sitting down, and then you can remove your mask. I hope we will all cooperate to make this happen for the HEALTH OF ALL OF US. As far as vaccinations go, I will be sending an email closer to our meeting time to ask your opinion. Should we require vaccinations or not of our members? This is a group decision. Should we decide not to, each of you will have a decision to make

as to whether you will come to the meetings. We do have the option of hybrid meetings—that is in-person as well as online. This is a new challenge that we will take on, should it be necessary.

I hope you have found some time to sit and stitch either by yourself or with friends this summer. (Just so you know, I did finish my UFO challenge. It just needs to be framed.) There are pictures of what members have been doing elsewhere in this newsletter.

Remember, we have a *Needle Arts Fair* on Saturday October 1st. I hope you have something for the CGNA display, both current (recent, un-shown work) and for our 20th Anniversary Display (a display of work made over the past 20 years). We will have forms for both displays. Set-up will begin Friday from noon to 4pm. Save that date as well as Saturday October 1st. More details will be coming on this.

In closing, I must say I look forward to seeing each and everyone of you once again. Here's to a great 2022-2023 year!

Let's go stitch!

PS. For those of you who didn't make our Lake Ontario Park meeting, I have a gift for you from EAC: a 50th -Anniversary pin. EAC invites you to participate in a fun and informal challenge by designing your own piece of wearable art, incorporating your pin with the technique of your choice. Embellish at will! Anything goes!! EAC would like you to send a high-quality photo along with your name and chapter to celebrating50@eac-acb before April 1, 2023. Check out the back cover of the latest edition of Embroidery Canada magazine (Spring 2022) for details about this challenge.



Daphne, as ever, quick off the mark,
has her broach completed.

President's Challenge

This year's President's Challenge "**Silly Birds**" is sure to be fun and bring lots of smiles. To participate in the Challenge you are asked to use your imagination and create a "silly bird". It can be three-dimensional, a picture, a decoration for clothing or an accessory. In other words anything that your imagination can create. A search for "silly birds" on Pinterest will get your creative juices flowing. Patterns and ideas will be available at the September meeting and throughout the year. Beth Abbott and Elizabeth Vandenberg will be happy to assist you. It is hoped that lots of "silly birds" will appear at our monthly "show and share" and a display of them will be a feature at our 2023 Needles Arts Fair.

Enjoy!



Changes

This is the year of changes. Change in location, change of day, and change of set-up.



First the **location** has changed to **St. John's Anglican Church at 41 Church St.** For those of you who aren't exactly sure where it is, it is directly across the street from Domino Theatre in the Portsmouth Village area. It has a funny intersection to get on to Church St. depending which direction you are coming from, so be aware. The hall entrance is just behind those trees.

Church Street is a **ONEWAY** street, so make sure you are traveling in the right

direction especially when you are leaving. It is best to approach Church St from Union or King streets. Then you head north (away from the lake) and you're going in the right direction of the one-way street.

The picture to the right is on the other side of the trees you see above. It is the south side of the Church and is the Church Hall where we enter. Notice the fire hydrant. Our entrance is the door to the left under the smaller A-shaped roof. It's hard to see the door in the picture, but it is there. More than likely, it will be open.

Note: You can park on both sides of the street, or in the Domino Theatre parking lot.



Change of day. We are moving to the **2nd and 4th Tuesdays** of the month. So the first meeting is Tuesday September 13th. Start time is at 9:30. Out of courtesy to others please be on time. Tuesday meetings will mean no more missing holiday Mondays.



Sept 13 & 27	Oct 11 & 25	Nov 8 & 22	Dec 13.
Jan 10 & 24	Feb 14 & 28	Mar 14 & 28	Apr 11 & 25
May 9 & 23	Jun 13 & 27		

Change of set-up. September through November classes will be in the morning, followed by Business Update and Show and Share. The afternoons will be the time for our Learn-a-Stitch program. These are the proposed classes, but you can also come and work on your own project or one of the EAC programs that we have or set up your own interest/focus group. After Christmas we will switch to LAS in the morning and classes in the afternoon.

CGNA PROGRAMME SEPTEMBER 13 – December 13, 2022

DATE	MORNING CLASSES	AFTERNOON LEARN A STITCH
Sept 13	Meet and greet general acclimatization to new space, show and share coffee Business update Lunch	Review basics of embroidery, hoops, frames, needles Members will be asked to talk about their favourite/most useful sewing tool/sewing tip review the upcoming programme Display of projects scheduled for September to December
Sept 27	Mini Sock - 1 stitch and variations – Tricia Vretteas Business update 	Boro– Beth Abbott 
Oct 11	All Day Workshop Silk Ribbon Embroidery – Sally Hutson	
Oct 25	Cross Stitch – Beth Mewhort Business update Show and Share 	Schwalm - Diane Dukoff Eileen Hanson 
Nov 8	Cross Stitch – Beth Mewhort Business update	Schwalm - Diane Dukoff Eileen Hanson
Nov 22	Cross Stitch – Beth Mewhort Business update Show and Share	Sashiko – Beth Abbott 
Dec 13	Holiday Luncheon Show and Share, Activity to be announced 50 TH /20 TH Anniversary Celebration	

NOTE: Program to be confirmed

Boro is a type of stitching that grew out of necessity in medieval Japan, and has evolved, four centuries later, into a distinctively gorgeous textile art form.

Schwalm embroidery is a form of white work embroidery that originated in Germany. In particular it is said to have come from the Schwalm region of Hesse Province, in West Central Germany (hence its alternative name: ‘Hessen embroidery’).

Sashiko is a traditional Japanese embroidery style, which dates back to the Edo period (1615 – 1868).

Silk Ribbon Workshop: Silk Ribbon is very elegant soft textural colourful embroidery. Once you’ve tried it, you will never accept a substitute. Sally will supply kits for a floral motif that includes the silk ribbon and the backed or fused silk ready for embroidery. A fun day!

Some New Ideas (and Cherished Old Ideas) for Learn-a-Stitch, Classes and Workshops, 2022-23

LEARN-A-STITCH

Description. This year, LAS offers a number of small, simple projects, of a variety of techniques, each project taught by one, sometimes two or more, people. These projects serve as “samplers” of workshops that may be taught in the future. Although there is no theme to join the projects, we plan to provide unity to the different LAS projects by giving instructions at the end of the year on how to compile the projects into a booklet for display or reference (all—or most—LAS projects will be the same size [5x5”], to facilitate this).

Several people in the past have asked for smaller LAS projects, and we listened. We are hoping that by having a number of different LAS projects over the course of the year, we will see increased enthusiasm and participation. LAS has always been for the entire guild...a way for us to learn together and to share our knowledge...and it would be wonderful to see everyone come together for this experience. Because the spirit behind LAS is sharing knowledge with the community and learning together, there will be no fees to participate in LAS.

Teaching LAS. We will be asking for members to share their knowledge with the group by teaching a technique to the group. Please note that this year we ask people to teach not one stitch as part of a larger, established project but rather to teach a small project (highlighting a particular technique) and all of the stitches involved in that project. As projects are meant to be short (1-3 meetings) and simple, we expect that the number of stitches to be taught will be small. One person can teach the entire project, or a few people can collaborate on teaching the project. The person/people teaching might come up with a project themselves, or they can ask the programming committee to provide the project. Instructions for the project will be circulated to members via email for printing. For those

without email or without access to a printer, extra copies of the instructions will be provided by the programming committee.

Supplies. A supply list for September – December LAS projects will be provided at the beginning of the year. Another supply list will be provided in December for January – June LAS.

Please use these lists to bring what you will need for LAS; for those who do not have suitable fabric, complimentary fabric will be available.

CLASSES

Description. As in the past, classes generally provide more focused, sustained, and often more advanced techniques. Some of the classes build upon stitches and techniques learned in LAS. Please note that there are three categories of classes: the usual half-day classes, as well as full-day and two-day workshops—which may be taught by members or by outside teachers. The discussion here is about half-day classes.

Teaching Classes. We will be asking for members to serve as instructors for classes. Instructors often find projects of their own, but the programming committee can also help provide projects.

Instructions, for the class, will be emailed to participants by the instructor. Participants are encouraged to print them and bring them to the class. Extra printed copies will be made available by the instructor for those unable to print the instructions.

Supplies. Instructors usually put together kits of supplies needed for the project, and the programming committee can help with this as well. A list of supplies will also be offered ahead of time so that members can bring their own supplies to the class, if they so choose.

Fees and Honorarium. Participants pay a \$5 fee for each class plus an additional kit fee if a

supply kit is needed. An honorarium of \$25/day is paid to the instructors.

SOME FURTHER DETAILS

Please remember that we are scheduling classes in the mornings and LAS in the afternoons for September to December; January to June will see this reversed. At the AGM at the end of the year we can discuss which scenario was most successful.

Speaking of Changes

CGNA Executive for 2022-2023

President	Donna Hamilton
Vice President	Anjali Shyam
Past Presiden	Lorna Rae
Secretary	Beth Mewhort
Treasurer	Lyn Moore
Membership	Lynn Prefontaine
Librarian	Jane Rodgers
Program	Katherine Romba Susanne Grugle Elizabeth Vanderberg Kristeen Krestesen
Hospitality	Janet Wagg Nancy Hamilton
Archives	Susanne Grugle
Website	Donna Hamilton
Newsletter	Theresa Lawrence

We would like to thank the estates of Shirley White and Suzanne Blouin (through Sharon Cross) for the donation of their stashes of thread, material, kits and books.

For those members not enrolled in a class, there will be EAC projects made available by the programming committee for focus groups. Members might also come together in their own focus group with their own project. Focus groups do not have an instructor. Members who are not participating in classes or focus groups may engage in their own stitching project.

The Programming Committee:

Elizabeth Vandenberg
liz.vandenberg55@gmail.com)
Susanne Grugel (sgrugel@hotmail.ca)
Kristeen Krestensen (krest@bell.net)
Katherine Romba (rombak@queensu.ca)



Avoid Back and Neck Pain While Stitching

Trish Burr has some interesting comments in her August blog about "How do you maintain good posture while stitching to avoid back or neck pain?"

<https://trishburr.com/blog>

Did you know?

Come and participate 50/50 draw will be at 12:15

Heron Table is back, if you bring something for the table and it isn't gone when you are ready to leave, you are responsible to take it home with you.



Tricia's Mini Stockings

What do you like?

I like easy. I like learning. I like pretty and cute. I like instant gratification or anything close to it. I like giving.

These minis satisfy all my 'likes'. When I found these on the internet years ago I thought I might just do one or two. I believe this is the first time I have ever completed a series of anything. As well, in preparing for the Guild presentation, I realized I still enjoyed making more.

These minis are adaptable to one or more stitch variations and can be made into ornaments, gift-card holders, gift tags, etc. They can be made for different seasons or holiday occasions, in different shapes, can be personalized and made in any pattern and colour(s) your heart desires.

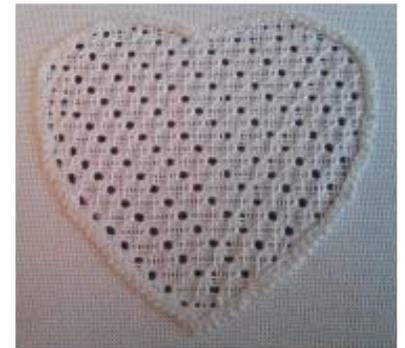
I guess what I also like is just holding and hoarding them, because I have never given even one away.



Schwalm Learn a Stitch with Eileen & Diane

Schwalm is a type of white work using pulled and drawn stitches.

A basic introduction to Schwalm will be taught over two learn a stitch classes this Fall. Eileen has made a sample of what you will have the opportunity to try. More information will be shared at our CGNA meeting in September.



Advanced Cross Stitch Class with Beth M

I am a self-taught cross-stitcher, but when I started to do advanced designs, I was grateful for the advice of more experienced stitchers, most notably through interactions at the Teresa Wentzler bulletin board. So, it's time to pass along the tips and techniques that I've picked up along the way. The class will stitch Teresa's free hummingbird pattern, which was specifically designed to give practice on partial stitches, blended threads, stitching over-one and other features of her designs. We will discuss whatever the class members want to ask about and whatever they want to share: how to choose a fabric, ways of organizing threads, ways to start threads, "railroading" stitches, and the like.

About cross stitch needles

Cross stitch needles are called tapestry needles, which have a blunt tip and larger eye than a regular sewing needle, which makes them easier to thread. Cross stitch needles easily pass through the fibres of Aida and evenweave. Different cross stitch needle sizes are available, with varying lengths and widths, so choose the best for your fabric - see the handy cross stitch needle size guide below.

Tapestry needle size guide

Pick the cross stitch needle sizes that matches the count of your fabric.

Tapestry needle	Aida	Evenweave
18	6-count	
	8-count	
20	11-count	22, 25 & 27-count
	14-count	28-count
22	16-count	32-count*
	18-count	36 & 55-count
24		
26		
28		

*Also includes 22-count Hardanger

Lowery Workstand DRAW

To celebrate our return to meetings we decided to have a draw among our members. We received a very generous donation of a Lowery workstand (see <https://www.workstands.com> for more information) and some attachments. It has been decided to offer this to our Guild members for \$100. The workstand is worth about \$140 Cdn plus shipping from England. There will be a draw at our first meeting on September 13th. Everyone interested is encouraged to enter their name in the draw. If you can't make the meeting and are interested, please ask someone who will be attending to enter your name. If you are the winner, our Treasurer, Lyn, will want a cheque or cash from you.




Knowledge & Needles
www.knowledgeandneedles.com
Cross Stitch Books, Supplies & Workshops
Ann McDonald
 613-475-4843
 e-mail: balych@kos.net
 190 Smith St., Brighton, ON K0K 1H0

TIP from Lyn At one of our Zoom meetings, some of the members who quilts got into a discussion about problems with so-called “erasable” fabric marking pens. A long while back, yellow markers were popular; now we avoid yellow as it is often acidic. Lyn advised us that markers which can be erased with heat have a curious failing: the marks may return with cold! Her example? “As when one puts them in the trunk of the car to go to a January quilt show...”

Your 'Usual' Sewing Supplies

You will often see “your usual sewing supplies” on the list of equipment to bring to a class or workshop. These will be handy for meetings as well and include, but are not limited to:

- A pair of sharp, fine-bladed embroidery scissors
- A 4” or 5” embroidery hoop
- A selection of needles, tapestry and embroidery
- Basting thread
- A fine-line washout marker (take note of Lyn’s tip)
- Small, clear ruler/measuring tape
- Paper and pencil (NO ballpoint, please!) to take notes



With the above items together in one small container, you will be ready to participate in the class. However, according to personal preference and a particular technique, you might find the following to be helpful as well:

- A thimble
- A pair of paper/metal thread scissors
- A laying tool
- A needle threader
- A small piece of beeswax
- A pair of tweezers
- A magnifier/light, along with a power bar and extension cord
- A “doodle” cloth—a small piece of muslin is good for surface stitchery, a piece of linen for counted thread, and a piece of canvas for needlework

A few lengths of embroidery threads—perle cotton is a good choice

Word Scramble for the Stitcher who loves a challenge

Each entry will have all the letters required to complete the unscrambled word (s). However letters for the 2nd unscrambled word can be found in both scrambled words.

Example: Holbein Stitch would be CHIOBSN ELHITTI

Accessories

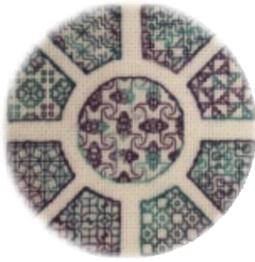
1. ESNEDLE
2. OSRSISCS
3. PHOO
4. GIAFILPMA NERM
5. EFWBEREVA INAEVC
6. INNFI BECRAL

Stitches

10. SMET
11. NEEKSIP
12. NHOTUBLETO
13. RTENFK HNOC
14. WREDAAPOHR
15. GINEEHRORNB

Techniques

7. LAKKOWCBR
8. OCSTS THSSRI
9. RWOLWR CEK



Needle Arts Fair – October 1st “*Held Together by Stitching*”

NEW Location: Legion 560 734 Montreal St.

Another change for our guild is the location of our Needle Arts Fair for 2022. We have rented space at Legion 560 on Montreal St. The main room at the Legion will be for the vendors and the Limestone Room will be for our display and demonstrations.

Our featured embroiderer this year is Kristeen. As this is our 20th Anniversary as a guild, we will be having a retrospective display of our work over the past 20 years as well as a display of our new/not seen before work. You will need to get a description of your pieces to Beth ASAP so she can type up the cards. Don't leave it until the deadline September 27th.

Set-up of our display can be done on Friday afternoon and vendors can set-up at 8:00 on Saturday morning. Anjali will be looking for volunteers for both Friday afternoon and Saturday at our first meeting in September.

If there is something specific that you are looking for from one of our vendors, please contact them ahead of time to ensure they have it and will bring it for you. We have some new vendors* and you can get their contact information from our website, www.quiltskingston.org/cgna

Our vendors:

Knowledge and Needles

Rive Designs

Paisleys Quilt Shop

Over the Rainbow Stitching*

Cornerstone Fibres

Happy Cat Yarn*

X's & Oh's

Living Plants

1897 Schoolhouse Samplers

A Needle Pulling Thread*

Handmade by Simone*

Kimat Designs

Textured Treasures

Charms n' Stitches

Ruach Craft

Small Investments

Martin's Beads*

Cannaweave-Weaving and Fibre Studio Accessories



Sunflower Pins

Many of our guild members have been busy over the summer making sunflower pins. They will be available for a donation to support Ukrainians' displaced families.

SCRAMBLE REVEALED

1. Needles
2. Scissors
3. Hoop
4. Magnifier Lamp
5. Evenweave Fabric
6. Linen Fabric
7. Blackwork
8. Cross Stitch
9. Crewel Work
10. Stem
11. Pekinese
12. Buttonhole
13. French Knot
14. Arrowhead
15. Herringbone

Note from the Editor:

First I would like to thank Beth for the great job she did producing *Gilding the Needle* for the last number of years. I have big boots to fill. This is your newsletter and without your input it will be pretty slim pickings. By input I mean—articles of interest, books that you have found useful, pictures of your work, projects you have engaged in, shows/displays/retreats you have attended. At this point, I am not sure when I will be able to attend meetings so I am counting on you. Deadline for the next issue is November 15. Theresa cgnanewsletter@gmail.com

CGNA Etiquette for 2022

Come with an open mind, a sense of humour, a large measure of patience, a thirst for adventure and a smile.

1. Wear a mask while you are in the building. There are many health-compromised people in our guild.
2. Wear a nametag. Not everyone knows who you are, especially when you are wearing a mask.
3. Bring your “usual” sewing supplies along with everything you were asked to bring for the class.
4. Listen carefully and attentively to the teacher the first time she explains a procedure or new technique. NEVER talk while the teacher is talking. Excessive talking is distracting, your neighbour might require greater concentration than you do. And some of us are going deaf!
5. Avoid wearing perfumed products. Many of us suffer from allergies and environmental sensitivities.
6. NEVER eat or drink near work or display tables. Accidents do happen so it is better to move completely away from these areas to eat or drink. It is bad enough if you spill coffee or even water on your own work, but how would you feel if it damages your neighbour’s work?
7. You can remove your mask to eat or drink but **only** when you are sitting down and socially distanced.
8. Please try to be on time. It is discourteous to the instructors and other guild members.

No ballpoint pens, please! They have a nasty habit of depositing ink where you don’t want it.

Shirley White



It is with great sadness that we learned of Shirley's passing on July 11th 2022 at the Fairmont Home in Glenburnie Ontario.

Those that knew Shirley knew that she was very devoted to her social work and was very passionate about helping those in need. Shirley was a big art enthusiast with special affinities for quilting, needlepoint as well as anything fibre art.

Shirley was one of the founding members of our guild.

I first met Shirley, when she was a driver for the Canadian Cancer Society. Then when I joined the guild, she was there too. I remember Shirley as someone whose work was very contemporary. It was through Shirley that we had the pleasure of Jan Beaney and Jean Littlejohn, from England, for an evening talk and a workshop the next day. She also introduced us to wet felting, with Fiona Wright from Australia, in a two-day workshop. Both were "outside the box" workshops. Theresa

I always enjoyed Shirley's enthusiasm and her quirky sense of humour. Linda

I met Shirley many years ago when we were taking fibre art courses. She had a great sense of humour and a very creative style of art. Because of her, I joined the CGNA. She assured me that it would be a way to further embellish my pieces, and it has. Through her, I have also met some wonderful people and continue to enjoy being member of the embroidery group. Barbara

What's Happening

Fibrefest, Almonte

Sept 7- 11, 2022

<http://almontefibrefest.ca/>

Lakeshore Creative Stitchery

Pointe Claire, PQ

Sept 17-18

<http://lcs-gtal.ca/home/>

Mississippi Valley Textile Museum

Almonte, ON

Temporary Exhibits

<https://mvtm.ca/mvt2/exhibi>

"Landed: Land seen from near & far"

Art by Linda Coulter & Phillida Hargreaves

Tett Centre Gallery, Kingston, ON

Sept 24-29, 2022

Held Together by Stitching

CGNA Needle Arts Fair

Oct 1, 2022

<http://quiltskingston.org/cgna>

Textile Museum of Canada

Toronto, ON

Exhibits, programs

<https://textilemuseum.ca/whats-on/>

Since the Cataraqui Guild of Needle Arts formed its charter in June 2002, many people have come through our doors. All of them were friendly, keen and enthusiastic. Some were very accomplished embroiderers who willingly shared their knowledge and skills with those of us who knew nothing and are now accomplished embroiderers ourselves. Here is a list of the names of present and former guild members and I hope that reviewing this list of names it brings back good memories of good times. Hopefully over the next couple of issues of our newsletter you will see all their smiling faces looking back at you. My apologies to any names I've missed, please pass them along so they can be included.

Linda Grimson	Barbara Morrow	Beth Abbott	Penny Arnott
Vickie Van Lune	Lynn Prefontaine	Barb Jackson	Leola Becker
Frances L. Vidal	Lianne van Leyen	Dorothy Forrester	Dorothyanne Brown
Christine Allen	Jo Gatenby	Karyne Campbell	Karen Weagle
Diane Dukoff	Susanne Grugle	Donna Hamilton	Nancy Hamilton
Joan Legros	Ros Hanes	Joan Bales	Eileen Hanson
Linda Hetherington	Sally Hutson	Debbie Kotelniski	Kristeen Kristensen
Eav Krugly-Smolkska	Theresa Lawrence	Beth Mewhort	Gabrielle Moon
Lyn Moore	Jan Meyers	Irene Hodge	Barb Lawson
Carole Higgs	Corrie Mackenzie	Jocelyne Ezard	Mary Lou Wilson
Glenda Candler	Patricia Cote	Greta Kristiansen	Sally Omar
Jane Rodgers	Anjali Shyam	Katherine Romba	Francine LeBlanc
Jane MacDonald	Lorna Rae	Daphne Hawkins	Jessie Deslauriers
Mary Jo Romba	Anne Claudio	Sharon Cross	Nancy Gall
Mary Stevens	Guylaine Belanger	Sandy Garner	Simone Lynch
Tricia Vretteas	Ruth Tracy	Mary Anne Toonders	Jean Walker
Janet Wagg	Wendy Austen	Nancy Baker	Kay Guenette
Robin MacNeil	Ruth MacLeod	Helen McEwen	Heather Moore
Elaine McKinnon	Sandra Storning	Elaine Stinson	Bev Vanderschoor
Margaret Morris	Sharon Armishaw	Meg Bain	Betty Beach
Margo Poklewska-Koziell		Grace Bullock	Marilyn Carter
Kim Hemani	Mary Ann Dohler	Teresa Cousins	Betty deKleine
Linda Burke	Susan Maclean	Pamela Sykes	Monique Grambin-White
Beverly Burton	Marilyn White	Bianca Thibault	Mary Ann McAndrews
Bethany Garner	Mary Williams	Darlene Whitaker	Rosanna Worden Hawker
Kathy Gorman	Beth Jackson	Gladys Toffelmire	Susan Van Volkenburgh
Carol Putryla	Madge Therrien	Edith Powles	Jose Roosenmaallen
Marg Henshaw	Barb Reynolds	Carolyn Yauk	Madge Nordin
Sally Walsh	Betty Gill	Elizabeth Vandenberg	Joyce Bushell
Sally Fink	Peggy Jackson	Maria Fink	Donna Hollywood
Mickie Beauchamp	Sharron Malcolm	Ann Miller	Brenda Dundon
Shirley Peters	Alice Vanderputten	Ingrid Tiffe	Mary Anne Kingston
Sandra Roy	Margaret Stone	Pat Caffery	Ruth Anne Henshaw
Sandra Smith	Patricia Côtè	Ena	

A Trip Down Memory Lane



Margaret Vant Erve Landscape Painting with Threads Workshop March 2003



Carol Arsenault
Goldwork
Workshop



Round Robin Dolls



Bus Trip to the
Museum of Civilization
September 2012



Designing Women—Images of Kingston



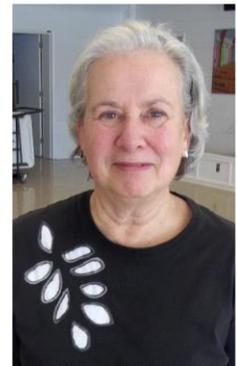
Display at Textile Fair Lansdowne June 2017



Good-bye Irene, Good by Irene
Lake Ontario Park



Welcome to the Guild Robin



Janet sitting pretty.



Display at MacPherson House, Napanee July 2017



Workshop project with Mary Lou



Going to yoga class.



One of our display cases at 1000 Islands Heritage Museum, Gananoque Winter 2019



Display at Grace Hall Community Centre Sydenham, 2015





Elizabeth and Jean at the Needle Arts Fair

Food, glorious food!



**Your favourite potluck recipes for the next issue
PLEASE!**

X's & Ohs

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Remember to support our sponsors.

Show and Share



Ros finished her UFO silk fusion mask.



Have you made a sunflower pin yet? Jane found a *5 Ways to Stitch Sunflowers* by Sarah Homfray on YouTube.



Donna's strawberry stumpwork.



Jane finished her UFO

My Flower Garden, a sampler of surface stitches. Theresa



Elizabeth has made 30 sunflower pins for the sale at our Needle Arts Fair.



Elizabeth's purple Monochrome



What a difference colour makes. The picture on the right was the suggested colour and picture of the pattern. The left framed picture is Gabrielle's interpretation.



Ros's sunflower pins for the Ukraine sale.



Lyn's canvas work.





My "Threads of Delight" is awaiting framing. It now has beads which has given it life. It's hard to see them in the picture.



Another project I have finished and is awaiting framing is my Peace Dove for the Ukrainians.

A third project that is almost finished is my Purple Butterfly Monochrome Challenge. Yes, ladies, the white snowstorm has disappeared. Beads outline the wings. The body is also be outlined, and I will add the butterfly's feelers.



Embroiderers'
Association of
Canada, Inc.

EAC/ACB Membership fees have gone up to \$50 as of September 1st.

What does your EAC/ACB membership cover?

Membership dues cover the cost of *Embroidery Canada*, which includes the contract position of Editor, graphic design for layout, printing, postage and mail out. It also covers the contract for the Technical Support Specialist who keeps our website running.

Here are some of the other things that EAC/ACB pays for:

- Marketing supplies (banners, bookmarks, postcards, etc.)
- Cost of our internet hosting, website backup, plug-in, updates
- Liability insurance for Board and Chapters
- Insurance for Heritage Collection and Library
- Admin expenses (postage, computer programs, supplies)
- Cost of Presidents Meetings (including room reimbursement)
- Virtual platforms (currently GoToMeeting and Groups.io)
- Financial Review Engagement expense
- Free library postage program
- Free postage for Connecting Threads/Roses Binders
- Free one-way postage for Heritage Collection items
- Financial awards (grants, seminar prizes, etc)
- Education and Correspondence Course expenses

World's Largest Needlepoint

Recognized by the *Guinness Book of World Records*, this 25 feet by 15 feet “Welcome Mat” was on display at Stitch by Stitch, August 26 & 27, 2022.

Vahid Saadati’s “Welcome Mat” depicts the word “welcome” in over 100 languages from Afrikaans to Zulu, including Sign Language, Braille, and Morse Code. This work of art was a labour of love and over 2 years Vahid and 650 different volunteers aged 4 to 84, put in over 5 million stitches in 72 different yarn colours to show their love for Canada and to emphasize how welcoming Canada is. Saadati is looking to further the message and is hoping to connect with volunteers from the community to help add Indigenous languages to the still growing piece.



Anjali and Tricia with Vahid Saadati at *Stitch by Stitch*.