

# Gilding the Needle

*"A few stitches today – an heirloom tomorrow"*

A chapter of the Embroiderers' Association of Canada  
(EAC) eac.ca

Member of Ontario Network of Needleworkers  
(ONN) onguilds.ca

## President's Message — Fall, 2011

Hope you all had a good summer, which has passed far too quickly. We are now entering our tenth year as a guild and would welcome any suggestions as to how we can celebrate this event in October, 2012.

At this time we are happy to welcome back Maureen Byer and Beth Abbott. Beth's workshop on silk fusion will continue from the last season. She will also be busy leading the learn-a-stitch programme. This will either be a rectangular sampler or a kimono. Again, Linda Burke has stepped up to the plate and will be teaching bullion knots in the form of a sampler.

On the first morning of each month Mary-Lou will be giving a series of half-hour workshops on fabrics, threads, needles, etc. Sample fabrics will be supplied and it is suggested these can be kept in a binder for future reference.

On behalf of the whole guild - teachers, we thank you.

Our guild one-day workshop will be held on October 17. The gold shoe was voted as the most popular item.

I would like to remind anyone who intends visiting the 2012 seminar in Victoria that there is a \$500 grant available. Also I have a DVD of their proposed programme. If anyone would like to view it, let me know.

May I end with a personal note. My memory is not what it used to be, so whenever I forget something, please, don't be shy, just remind me.

*Irene Hodge*



## Cataraqui Guild of Needle Arts

Member of Embroiderers'  
Association of Canada

meets

1<sup>st</sup> & 3<sup>rd</sup> Mondays

9:30 am — 3:30 pm

at

Edith Rankin Memorial Church Hall

4080 Bath Rd.

Kingston, On

### Volume 10 Issue 1 September, 2011

|                                |                    |
|--------------------------------|--------------------|
| Advertisements                 | 5,7,10,<br>11, 12, |
| Advertising Rates              | 6                  |
| Butterfly Project              | 7                  |
| CGNA has a web site            | 6                  |
| Did You Know                   | 14                 |
| Executive 2010-11              | 2,3                |
| Meet the new executive members | 4,5,6              |
| Fall Program 2011              | 8                  |
| Fall Projects & Beyond         | 9                  |
| Meeting schedule               | 3                  |
| Friendship Rug Hooking Project | 13                 |
| Guest speaker - Ann Adams      | 11                 |
| Guild sale items               | 5                  |
| Needle Arts Fair               | 12                 |
| Newsletter Editor              | 2                  |
| President's message            | 1                  |
| Recipe -Ritz Cracker Pie       | 14                 |
| Reminders                      | 2                  |
| Spring in Review               | 15                 |
| Summer Stitch-ins              | 10                 |
| Upcoming events                | 7                  |

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**2010 – 2011  
Executive  
of  
Cataraqui Guild of Needle Arts**

Suite 802  
829 Norwest Road  
Kingston, ON, K7P 2N3

|                           |                               |
|---------------------------|-------------------------------|
| <b>President</b>          | Irene Hodge                   |
| <b>Co-Vice Presidents</b> | Jocelyne Ezard & Penny Arnott |
| <b>Past President</b>     | Theresa Lawrence              |
| <b>Treasurer</b>          | Bethany Garner                |
| <b>Secretary</b>          | Ruth Tracy                    |
| <b>Librarian</b>          | Barbara Jackson               |
| <b>Membership</b>         | Nancy Baker                   |
| <b>Newsletter Editor</b>  | Elizabeth Vandenberg          |
| <b>Hospitality</b>        | Sally Hutson                  |
| <b>Programme</b>          | Beth Abbott & Eileen Hanson   |

## REMINDERS

- All the tea & coffee you can drink for only a loonie. This money is used to provide a small honorarium to our afternoon teachers.
- Don't forget to treat yourself to one of the fund raisers from seminar; the needle minder will be a constant reminder of the fun you will have during seminar as well as being useful.
- The other fund raisers are always available: pick up a copy of the cook book, or treat yourself to a new scrubbie for the new year!
- There is always a need for volunteers for program. We all have talents that can be shared with all members.

### From Your Newsletter Editor

Where did summer go? Hope you all had a good one and are ready to get back to guild activities. I think this year's programme is really interesting and I know there will be lots of "photo ops".

Last year several members contributed to the newsletter and I hope that trend will continue. Please let me know what you want to see in the newsletter and how it can be improved. I am looking forward to another great year with the CGNA and I hope you are too.

*ELIZABETH*



Past President Theresa Lawrence presented President Irene Hodge with the "Needle of Office"



Outgoing executive members Mickie Beauchamp, Mary Lou Wilson, Elaine Stinson and Marg Henshaw with Irene Hodge and Theresa Lawrence

**CGNA EXECUTIVE- 2011-12**

|                           |  |
|---------------------------|--|
| Irene Hodge               | President/Needle Arts Fair Chair                       |
| Jocelyne Ezard            |  |
| Penny Arnott              | Co-Vice Presidents                                     |
| Theresa Lawrence          | Past President   |
| Bethany Garner            | Treasurer  |
| Ruth Tracy                | Secretary  |
|                           | Assisted by Kristeen Kristensen                        |
| Sally Hutson              | Hospitality  |
|                           | Assisted by Joan Bales, Donna Hamilton and Joan Legros |
| Barb Jackson              | Library  |
| Nancy Baker               | Membership   |
| Beth Abbott/Eileen Hanson | Programme  |
| Elizabeth Vandenberg      | Newsletter   |
| Rosanna Worden Hawker     | Archives   |
| Donna Hamilton            | Web Master   |



**MEETING SCHEDULE**  
**Show and Share the second**  
**meeting of the month**

Don't forget to sign up for your turn to bring treats

|               |               |
|---------------|---------------|
| 09:30 - 10:15 | Announcements |
| 10:15 - 10:30 | Coffee        |
| 10:30 - 12:30 | A.M. class    |
| 12:30 - 01:00 | Lunch         |
| 01:00 - 03:00 | P.M. classes  |

## Meet Your New President - Irene Hodge



I was born and grew up in London, during the 30's and was a little evacuee during the Second World War. The only sewing I ever learned was how to darn socks and alter and repair clothes - it was known as "make-do-and-mend". Consequently, I grew up hating any type of sewing.

During the 50's, many young people left England. My sister left for Australia and I sailed off to the USA where I became a car-hop at a hamburger drive-in, a cook at the local hospital and finally a bank teller. I returned to England for a short time but as I still had itchy feet, I decided to visit Canada on my way back to the States. Fate, however, took over and I settled in Montreal.

I worked in the manufacturing sector of the high tech industry for over 30 years until free trade took over and the company transferred to the States; but, as I was nearing retirement age I decided to stay in Canada.

I had visited Kingston many times and when the opportunity presented itself in 2005, I was very happy to sell up and move here.

I found the guild when I attended an art show where I met Maureen Byer who offered to introduce me to the guild and assured me I would soon learn how to embroider (easy for her). Fortunately, Linda Burke taught the beginners some basic stitches and I learned about the 'away knot'. Since then I have learned many techniques and have become quite addicted to hardanger and blackwork, for which I blame our workshop guru Mary-Lou.

I have served on the executive for the past six years as membership convener and vice-president in charge of the Needle Arts Fair.

Most of all, I really enjoy the company of all the guild members.

*Irene*



Irene admiring Ann Miller's work

**Meet the Newest Members of your Executive**

**Jocelyne Ezard - Co-Vice-President**

I have lived in the beautiful city of Kingston, except for five years, since 1972.

I been doing some form of embroidery since being a child. My grandmother gave me a linen tablecloth to embroider when I was a teenager - a rather unusual gift by today's standards. I promptly set to work on it with the threads she gave me. I later gave it to my eldest daughter.

I have been a member of the guild since October,2003 and served on the executive as your newsletter editor from 2005 to 2008.

**Penny Arnott - Co-Vice-President**

My first introduction to needle arts was knitting, which I still love. However, I became more interested in needlework after attending Mary Lou's artistic stitchers' group held every Tuesday afternoon at the Brockville Museum. Soon after that, I joined CGNA, and the rest is history, as they say. Lots of experimenting, planning, stitching, talking, eating, fun, and most important of all, lots of learning. With such a motivational group as CGNA, it is a real joy. Only downside is admitting to being the champion of UFP's (unfinished projects)!

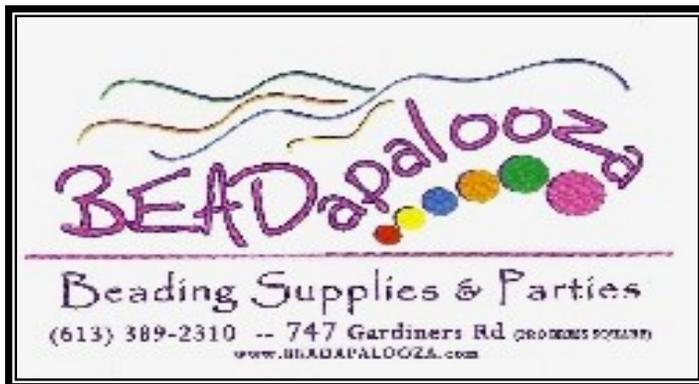
After suffering several health issues, I am much slower that I would like, but with all the help and encouragement I have received from the guild members, maybe.... just maybe I will finally finish something!

**Bethany Garner - Treasurer** - I have over twenty years of personal quilt making and design experience and have presented lectures and workshops internationally. As a well known quilt historian, I am often called upon to judge in contemporary as well as traditional fibre arts exhibitions. My work encompasses a wide variety of heirloom quality as well as thoroughly modern quilt making techniques. I have exhibited my work in major shows and competitions in Canada and the United States. I have been an instructor with the St. Lawrence College textile arts programme since 2005 and their summer school for the arts programmes since 1997. I am a member of the Kingston Fibre Artists group where I served as the treasurer from 2001-2010.

**Sally Hutson - Hospitality**- In keeping with the hand work of embroidery, I will try to remember all of the handwork that I have done over the years. I have always sewn clothing, knit and designed knits, crocheted and have done basic embroidery from early childhood on. Since moving to Kingston in 1990 I have taken up quilting, silk painting, silk ribbon embroidery (teaching as well), silk fusion, cabinetry, am very much a newbie into rug hooking and several courses in fibre arts at St. Lawrence College. I have also been a member of CGNA since its inception. With flowers being a big part of my life too, I do enjoy gardening as well.

**Check Out our Guild Sale Items**

|                  |         |
|------------------|---------|
| Guild Pins       | \$ 5.00 |
| Folding Scissors | \$ 2.00 |
| Scrubbies        | \$ 2.00 |
| CGNA Cookbooks   | \$ 7.00 |
| Trolley bags     | \$10.00 |



**Beth Abbott - Programme** - I have studied a wide variety of fibre arts for at least 30 years, taking dozens of courses and workshops, and developing my own work. I am a graduate of the fibre arts certificate program from St. Lawrence College. I also earned a master spinner certificate in 1990 and teach spinning and fibre art at Haliburton School of Art. I have won many awards for my work and my book "Icelandic Fleece – A Fibre For All Reasons" was published in 2001. I taught high school and adults for 33 years, retiring to a second career, teaching and writing about fibre arts. I have done embroidery for much of my life, but came to this guild to learn new techniques and the "proper" way to do things.

**Eileen Hanson - Programme** - My interests have always been in various kinds of handwork.

I learned to smock from my mother at an early age, then went onto fashion sewing. I remember sewing my very first poodle skirt on a treadle sewing machine when I was thirteen. Later I expanded into other mediums, knitting, ceramics, rug hooking (from Jeannie Fields), quilting and yes even machine embroidery.

My time with the CGNA has been most enjoyable, and I am learning all the time.

**CGNA HAS A WEB SITE!** Donna Hamilton is currently the web master for the Kingston Heirloom Quilters, Quilts Kingston Quilt Show, Fibreworks Kingston, and now she is working on our very own web site. She hopes to have it up and running by September 19. Be sure to let Donna know if you find a link you'd like to share with everyone and if you have suggestions for our site. After all, it is your web page. Our address is:

<http://quiltskingston.org/cgna>

**Donna Hamilton - Web Master** -I have organized and taught many workshops on how to use a variety of computer software during my 28 years working at Queen's University where I was the first female manager in the Computing Centre (ITS) for over 10 years. I have been a Kingston Heirloom Quilter since they formed in 1979, and am currently Past President. I am also a member of the Limestone Quilters' Guild. Recently retired, I am able to spend more time with my two passions: computing and quilting/stitching. I have been the Registrar for Fibreworks Kingston for the past 3 years, learning many different techniques in fibre art. It was a natural step for me to join the CGNA to learn about different types of stitching. I have been exploring ways software can help quilting since the early 1980s and I teach classes on how to use Electric Quilt, quilt designs software, at Quilt and Stitch. I love learning new stitches, tips and tricks by hand or machine, and especially enjoy the special camaraderie we are lucky to have with the talented needlewomen of this region. (You are all amazing!) I am looking forward to another exciting year with the embroiderers and contributing as the guild's Web Master.

#### ***Advertising Rates***

This newsletter is published quarterly on October 1st, January 1st, April 1st, and June 15th

All submissions due 2 weeks prior to publishing date

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Cataraqui Guild of Needle Arts)

Rates per issue:

Full Page \$20.00/issue    Quarter Page \$9.00/issue

Half Page \$11.00/issue    Business Card \$6.00/issue

## Upcoming Events

**Fibreworks Kingston Weekend Workshops 2010-2011** An exciting season of arts workshops for fibre art enthusiasts is being offered by Fibreworks Kingston. This year promises an amazing line-up and a very reasonably priced opportunity. All workshops will be at St. Lawrence College.

More information can be found on their web site <http://fibreworkskingston.wordpress.com/> and the 2010-11 brochure can be obtained by e-mailing [fibreworks@cogeco.ca](mailto:fibreworks@cogeco.ca)

Donna Hamilton, Associate Coordinator

**CGNA Needle Arts Fair** - October 1, 2011 Crossroads United Church

**Thread Works** - The travelling exhibit will be at Arthur Child Heritage Museum, 125 Water Street, Gananoque until September 30 and then at The Station Gallery, 1450 Henry Street, Whitby from October 29 - December 4, 2011



### **The Butterfly Project**

**1,500,000 innocent children perished in the Holocaust**

In an effort to remember them, Holocaust Museum Houston is collecting 1.5 million handmade butterflies.

The butterflies will eventually comprise a breath-taking exhibition, currently scheduled for Spring 2013, for all to remember. The museum has already collected an estimated 400,000 butterflies.

For questions or additional information, please e-mail [butterflyproject@hnh.org](mailto:butterflyproject@hnh.org)

**Deadline for submissions : June 30, 2012**

## **Pine Ridge Sewing Center**

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## Cataraqui Guild of Needle Arts Fall 2011 Programme

|         |         |  |
|---------|---------|--|
| Sept 19 | AM      | Welcome to the first meeting of the new year<br>Discussion about 2011-2012 morning learn-a-stitch programme with list of supplies needed |
|         | PM      | Registration for Linda Burke's Fall afternoon class and Pat Caffery's winter/spring afternoon class<br><b>Show and Share</b>             |
| Oct 3   | AM      | Learn-a-stitch organization meeting<br><i>Embroidery 101 - Mary Lou Wilson</i>   |
|         | PM      | Bullion Knots - Linda Burke<br>Silk Fusion - Beth Abbott   |
| Oct 17  | All Day | <b>One Day Guild Seminar</b><br><b>Gold work - Cindy Jackson</b>   |
| Nov 7   | AM      | Learn- a- Stitch<br>- alternating double backstitch - Irene Hodge<br><i>Embroidery 101 - Mary Lou Wilson</i>                             |
|         | PM      | Bullion Knots - Linda Burke<br>Silk Fusion - Beth Abbott   |
| Nov 21  | AM      | Learn-a-Stitch<br>- cross stitch - Ann Miller<br><b>Show and Share</b>   |
|         | PM      | Bullion Knots - Linda Burke<br>Silk Fusion - Beth Abbott   |
| Dec 5   | AM      | Learn-a-Stitch<br>-feather stitch - Rosanna Worden Hawker<br><i>Embroidery 101 - Mary Lou Wilson</i>                                     |
|         | PM      | Bullion Knots - Linda Burke<br>Silk Fusion - Beth Abbott   |
| Dec 19  | All Day | Christmas Programme<br>Pot Luck  |

## SUMMER STITCH-INS ARE SO RELAXING

Yes, that's right they are soooo very relaxing. You get to talk and chat with people about their summer. There is time to play around with your own project, ask for ideas and help and it is all very laid back.

The Stitch-in in July was at the Brockville Museum--nice and air conditioned. We had the opportunity to view the Fibre Arts display that was there at the time. Several of our own guild members had pieces on display. The funny thing is they were pieces we've never seen before. I do hope they will bring them along to let all the guild members see them. We also had the opportunity to meet some of the other members of the Brockville group, as it was their normal stitching day. Lovely group of ladies that made us feel right at home.

The August stitch-in was at my place. Fortunately it was a perfect day to be outside, and in the shade. At one point my husband came down to take some pictures for us and noticed, "there wasn't much work going on, lots of talking and visiting!" We did eventually get down and do some work. We have the pictures to prove it. I guess you will see at our first Show and Share.

I know that summer is a busy time, but it is was nice to visit and do some stitching.

*Theresa Lawrence*



August Stitch-in  
Not much work being done here!



Having fun felting



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Linda Swaine, Proprietor

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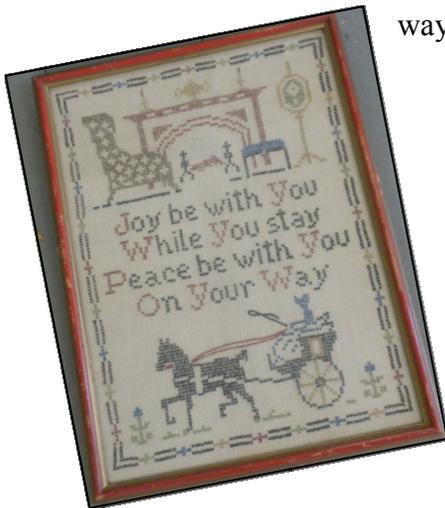
Visit our website for news of coming events and to sign up for our monthly e-newsletter [www.woolymekingston.blogspot.com](http://www.woolymekingston.blogspot.com)

**CGNA members receive a 10% discount off regular priced merchandise when you present this ad. Bring a friend and you will both receive 15% off.**

### Guest Speaker - Ann Adams



At our last meeting in June we enjoyed a presentation on samplers by Ann Adams from Picton. Ann is very knowledgeable on all aspects of stitched samplers throughout history. She has given many presentations on the subject and has taught classes on how to make them. She brought several pieces and books with her for us to see and was particularly pleased to see the many different kinds of samplers made by our members. There was a good deal of interest in her own personal sampler, made from a long role of fabric, which she has been working on for many years and which she continues to work on whenever she finds a stitch or picture she likes. (I have heard that she has inspired at least one of our members to buy a role of fabric to start her own sampler!) She explained how samplers were used as a teaching tool to learn and record stitches and to remember favourite sayings, Biblical verses, family stories and historical events. It was a most enjoyable way to conclude our 2010-11 year.



# NEEDLE ARTS FAIR

HOSTED BY THE CATARAQUI GUILD OF NEEDLE ARTS

FEATURING NEEDLEWORK EXHIBITION  
AND SALE

**DATE:** Saturday, October 1, 2011  
**TIME:** 10:00 am to 3:00 pm  
**LOCATION:** Crossroads United Church  
 690 Sir John A. MacDonald Blvd.  
 Kingston, Ontario  
 \$7 (includes lunch)

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### INDEX TO ADVERTISERS

|                          |         |
|--------------------------|---------|
| Beadapalooza             | Page 5  |
| Knowledge & Needles      | Page 12 |
| Pine Ridge Sewing Centre | Page 7  |
| Rose Haven               | Page 10 |
| Wool-Tyme                | Page 11 |

## Friendship Rug Hooking Project

Over a year ago the Ottawa Branch of the Ontario Hooking Craft Guild began a ‘friendship rug’ project. The criteria was to form groups of six and each group would decide on a theme. From there each member of the group designed a six inch square that would be included on each of the six rugs. The owner of each of the rugs would then do the sashing and boarders as she saw fit. One member who has done several ‘mixed media’ projects thought it would be fun for one group to push the boundaries of rug hooking. Only 2 more brave souls joined her – one gal was relatively new to rug hooking and then there was me – who has very little time for rug hooking.

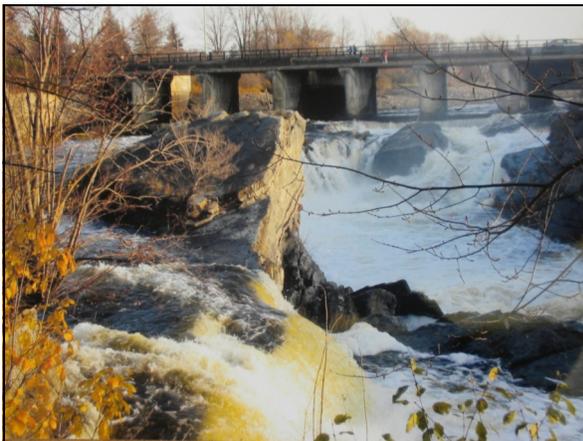
The three of us met one Sunday for lunch at Barbara Lukas’, our leader, each bringing along ideas, pictures, drawings, etc. We decided a triptych would be the route we would take as much of the techniques we thought we would use would not be suitable for a floor rug! We chose a picture I had taken at Hogs Back Falls in Ottawa, divided it vertically in thirds and decided it would be a great idea to use this project as a means to show the progression of rug hooking from its earlier roots into the 21<sup>st</sup> century and ‘fibre art’.

Andrea Hammel took the picture and converted it into three patterns for us to work from. We had a few registration marks that were important to try and match up the three parts – this didn’t always work as we moved from ‘traditional’ to ‘out of the box’ techniques but we were able to keep things relatively close to those marks. From there it was onto the hooking. We shared a few pieces of fabric to be included in the pieces but from there on we worked much on our own. We met again at Andrea’s when we were just about finished to see if there were things we needed to adjust or change. There were a few very minor things that we did to tweak the pieces. Of course, you realize that instead of doing 6 six inch squares, we each had to do 3 pieces 15” x 30”! Because we were working in a more free form way, not all of the 3 pieces were identical – all had slight variations from colour, added bits and pieces, etc. making them all very individual.

Now the matter of finishing became an issue. In the end we decided to stretch each piece over foam core and add a cotton backing with a sleeve for hanging. As I was the experienced one in these techniques we all met at my house one Saturday to get the process done. As usual, the process was bigger than we thought but by late afternoon we had each completed at least one panel and could then take the other 2 home to finish. We did not see the final finished pieces (ready for hanging) until an Area 1 Hook In held on April 2<sup>nd</sup>. We then could marvel at how well all three pieces hung together and share our sense of accomplishment with 75 rug hookers attending the Hook In.

It was a great experience, a lot of work, much adjusting as each of went along with some areas being pulled out and redone several times, but oh so worth it to have the set to hang and share with friends and family.

*Pat Caffery*



Hogs Back Falls, Ottawa



Three sectioned triptych

## RITZ CRACKER PIE

22 Ritz Crackers, rolled fine  
½ cup finely chopped almonds  
3 egg whites  
1 cup sugar  
1 tsp baking powder  
pinch salt  
½ tsp vanilla  
½ pint whipped cream (can be flavoured with vanilla or almond extract)/or Cool Whip

Beat egg whites. Mix sugar, baking powder and salt and add to egg whites gradually, continuing to beat until soft peaks form.

Add vanilla. Fold in Ritz and almonds.

Divide mixture into two greased 8 inch pie pans. (9 inch works, but requires more cream.)

Bake at 350 F for 30 minutes.

Ice with ½ pint whipped cream, or whipped topping.

Decorate with more almonds, dried cranberries, shaved chocolate or chocolate chips.

Prepare pies the day before, if you wish, including cream; or at least several hours ahead of serving time.

**Jocelyne Ezard**

### **Did you know?**

- \* EAC loans books to EAC members. You can order the books online and pay shipping one-way only. EAC has a vast collection of hard to find books that belong to us. Books can be borrowed for a month by individual guild members or up to three months by a guild. Great if you are working on a special project. They also have an AV library that you borrow from as well.
- \* This is the tenth year that the Cataraqui Guild of Needle Arts has been in operation.
- \* Money from the “Coffee Fund” goes towards an honourarium for the afternoon teachers.
- \* You have two opportunities to apply for a grant to attend Seminar—one through our guild and another through EAC

# SPRING IN REVIEW

