

# Gilding the Needle

*"A few stitches today – an heirloom tomorrow"*

A chapter of the Embroiderers' Association of Canada  
(EAC) eac.ca

Member of Ontario Network of Needle workers  
(ONN) onguilds.ca

## President's Message — Spring , 2012

At the time of writing our very strange spring like winter will soon be behind us and hopefully we will have avoided a snow day cancellation.

The contract has been signed for the two-day workshop with Sylvia Naylor - free motion machine embroidery. As mentioned at a previous meeting, a fifty dollar, non-refundable deposit will be required at sign up. All future workshops with outside teachers will also require a fifty percent, non-refundable deposit at sign up. This has become necessary as some members sign up for a workshop and then cancel at the last minute without paying. This not only throws out our workshop planner's financial calculations but leaves the guild with a deficit.

The Needle Arts Fair will be held on October 13 at the Salvation Army Citadel and you can rest assured that I'll not only be looking for completed kimonos, seascapes and other works of art, but most importantly, lots of volunteers. This is our only fundraiser and as we have a deficit, it is essential we make this as success as possible and encourage all our friends and relatives to attend.

Diane Dukoff and Sally Fink have volunteered to put the tables away at the end of our meetings. On behalf of the whole guild, many, many thanks, Diane and Sally.

**Reminder:** Works of art are also needed for a display at "Quilt Kingston" on June 8 - 10 and once again I will be asking for volunteers to staff the table. This is a great opportunity to advertise our Needle Arts Fair and our guild.

*Irene Hodge*



## Cataraqui Guild of Needle Arts

Member of Embroiderers'  
Association of Canada  
meets

1<sup>st</sup> & 3<sup>rd</sup> Mondays  
9:30 am — 3:30 pm  
at

**Edith Rankin Memorial Church Hall**  
**4080 Bath Rd.**  
**Kingston, On**

**Volume 10 Issue 3**  
**April, 2012**

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**2010 -2012  
Executive  
of  
Cataraqi Guild of Needle Arts**

Suite 802  
829 Norwest Road  
Kingston, ON, K7P 2N3

**President**

Irene Hodge

**Co-Vice Presidents**

Jocelyne Ezard

Penny Arnott

Theresa Lawrence

**Treasurer**

Theresa Lawrence

**Secretary**

Ruth Tracy

**Librarian**

Barbara Jackson

Nancy Baker

Elizabeth Vandenberg

**Programme**

Beth Abbott

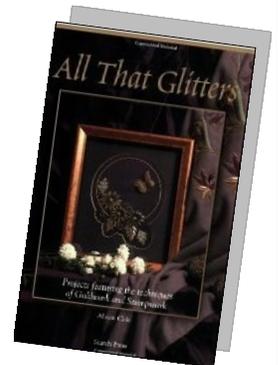
Eileen Hanson

**On the Bookshelf**

Our guild members continue to be faithful at returning their books. Thank you again, it makes it easier to keep track of the library.

Previously, we mentioned that we would be selling the Inspiration magazines at the Christmas pot luck. It was quite profitable, making the guild \$61.00

There is a new book in the library. "All That Glitters". The book should be valuable in assisting with gold work projects.



Please let me know if there are any books you would like to have purchased for the library.

*Barbara*

**From Your Newsletter Editor**

In December I announced that I would like to start a new column in the Newsletter called "The Brag Page". Thanks to Jean Walker, I have been able to print the first article. I hope you will enjoy it and give some thought to submitting your own stories about someone you are proud of. For the purpose of this column their accomplishments should be in the area of needle arts.

Also in this issue you will find the President's Challenge. It is on page 11 and must be ready for the Needle Arts Fair. I encourage everyone to enter.

*Elizabeth*

**10 YEAR CELEBRATION  
OF THE  
CATARAQUI GUILD OF NEEDLE ARTS**



Come to a  
celebratory luncheon

Edith Rankin Church Hall  
4080 Bath Road, Kingston, Ontario

Monday, June 18th, 2012  
11a.m. – 2 p.m.

- \* 10-year retrospective of stitching
- \* Guest speaker
- \* Come and reminisce with us



Please RSVP by May 14th meeting  
or e-mail: Eileen Hanson – jameshanson@3web.net

**The Plimoth Jacket**

The process of recreating a  
1610 embroidered jacket  
can be found on the ONN  
website.

[Onnguilds.ca](http://Onnguilds.ca)

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look.

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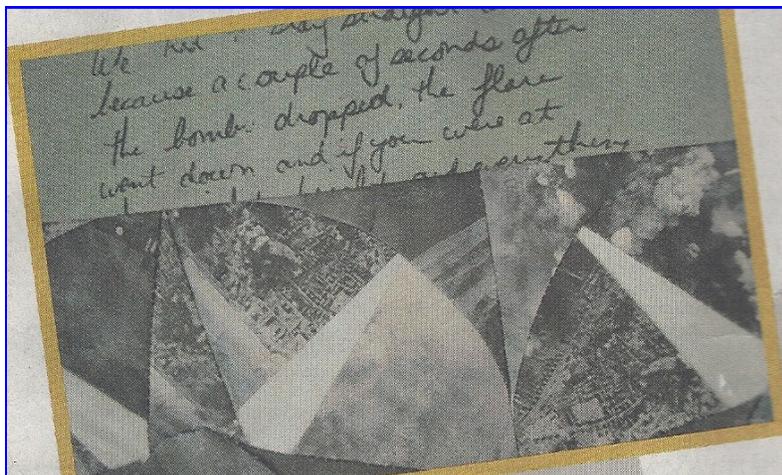
## MEMBERS' BRAG PAGE!

Jean Walker is pleased to tell us about her distant relative, Rachel MacGillivray. Rachel is a young artist who grew up in Kirk Hill, Ontario. Art plays a big role in her life. She is currently enrolled as an advanced studies student at the New Brunswick College of Craft and Design in Fredericton.

While doing under graduate work in fashion design at Ryerson University, Rachel was one of eight students selected to represent Canada at an international fashion show in Paris held at the Louvre. They were given the theme - ecology and the environment. She designed a dress, inspired by the Glengarry fields that surrounded her home.

She was honoured twice in 2010. First, as one of five recipients of a New Brunswick Foundation of the Arts Award receiving the \$1,000 Nel Oudeman's Memorial Scholarship for Advanced Studies in Fine Crafts and then again when she won The Historica-Dominion Institute's Art from Memory Challenge and an accompanying \$5,000 first-place prize. The contest was open to art or design students across the country and required participants to create a piece of artwork inspired by a Second World War veteran's story from the Institute's archives. Historica-Dominion is the largest independent organization dedicated to Canadian history, identity and citizenship.

Rachel chose an airman's story and using a quilt pattern featuring the North Star Compass and fabric with photographs taken from the air, Rachel made a wall hanging which she entitled



“Security Blanket”. Around the borders she handwrote pieces from the airman's story and added pockets on the bottom of the blanket to make the Security Blanket more interactive. She penned her own thank-you note to him and when it was displayed at a Toronto art gallery, paper and pens were close by for others to do the same. Rachel donated a fifth of her winnings to the Perley Rideau Veterans' Health Centre in Ottawa.



## LAST MEETING OF 2011

We said goodbye to 2011 in our usual way with a great pot luck Christmas party! Lots of good food and fellowship.



We also held our end of year “town hall meeting”. Theresa Lawrence gave us a very concise and easy to understand view of our finances and Mary Lou Wilson, our workshop co-ordinator held a very frank discussion on what we see happening within our workshop programme. Our 10th anniversary celebration plans were also discussed but the position of chair for the organizing committee for this event was not filled. However, a review committee was formed. The three members are Jocelyne Ezard, Diane Dukoff and advisor, Mary Lou Wilson.

Our last show and tell for the year included Mary Lou showing off the finished projects from her now empty UFO basket, Anjali Shyam’s “outside the box” wall hanging, Ann Miller, Barbara Jackson and Joan Bales with their finished bullion knot project from the fall afternoon workshop session and Jean Walker showing her very first show and tell, a huck woven throw.



Members of our Guild, Barbara Morrow and Nancy Gall, who are also members of the group Art Options Kingston (AOK) treated us to a wonderful truck show of their work. Members were enthusiastic in their praise of the lovely work they displayed.



## **What's On the Web**

Sharon Cross, one of our newest members, would like you to know about [www.needlenthread.com](http://www.needlenthread.com).

The website's author is stitcher, Mary Corbet. She covers just about everything in her blog - the latest books, threads, frames, you name it. She shares updates on her progress on various projects and she is currently working on a goldwork ecclesiastical monogram which is stunning. Mary has many technique videos on her site covering a huge range of stitches. The blog is my first go to place when I'm looking for information on anything related to stitching.

I signed up for daily e-mail updates and I am taking an online course from Mary on needle painting. I have to say it's one of the best organized courses I've ever taken.

Hope you enjoy it. *Sharon*

## **RAFFLE NEWS**

The raffle held at each meeting has been put "on hold" for awhile due to lack of materials. If any of you are doing spring cleaning or reorganizing your stash, please consider donating any items related to sewing/needlework to the Guild. ( i.e. magazines, leaflets, threads, instructions, materials, needles etc., etc.)

The raffle has been an excellent monetary resource for the Guild and it will also help you "edit" a lot of your stash!!

You can bring any items to any meeting and give them to myself or Jacquie Boisvert.

Thank you for your support,  
Penny Arnott

## **FABRIC, THREADS AND CREATIVITY ABOUND**

Plan to join us at St Lawrence College, Kingston Campus, for a two-weekend, 36 hour full credit course in the College' Textile Design Program

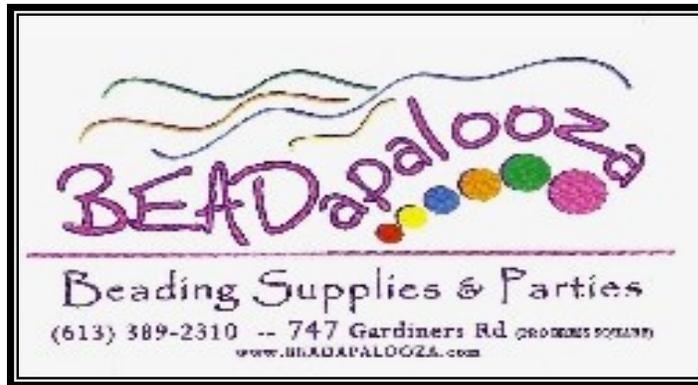
### **SURFACE DESIGN AND STITCH**

July 28-30 and August 18-20, 2012

9 am - 5 p.m.

Bethany Garner, Instructor

More details at: [textiledesignSLC@gmail.com](mailto:textiledesignSLC@gmail.com)



## Pine Ridge Sewing Center

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### *Advertising Rates*

This newsletter is published quarterly on October 1st, January 1st, April 1st, and June 15th  
All submissions due 2 weeks prior to publishing date  
Payment due on submission (cash or cheque payable to  
Cataraqi Guild of Needle Arts)  
Rates per issue:  
Full Page \$20.00/issue Quarter Page \$9.00/issue  
Half Page \$11.00/issue Business Card \$6.00/issue

Contact Elizabeth Vandenberg  
613 373 0099

### *Guild Merchandise Sale Items*

Guild Pins	\$ 5.00
Needle Minders	10.00
Folding Scissors	2.00
Scrubbies	2.00
Gift bags	5.00
Pincushions	2.00
Finger pincushions	2.00
Tape measures	2.00
CGNA Cookbooks	7.00
Trolley bags	10.00
Historic Kingston needlework kit	25.00



## Cataraqui Guild of Needle Arts Spring, 2012 Programme

April 2	AM	Learn-a-stitch Bargello stitch - Barb Jackson <i>Embroidery 101 - Mary Lou Wilson</i>
	PM	Sea Creature - Pat Caffery Blackwork - Mary Lou Wilson Royal School of Needlework - embroidery techniques Theresa Lawrence, co-ordinator
April 16	AM	Learn-a-stitch Spratts Head, Squarish stitches - Sandra Smith <b>Show and Share</b>
	PM	Sea Creature - Pat Caffery Blackwork - Mary Lou Wilson Royal School of Needlework - embroidery techniques Theresa Lawrence, co-ordinator
May 7	AM	Learn-a-Stitch Hardanger - Ann Miller <i>Embroidery 101 - Mary Lou Wilson</i>
	PM	Sea Creature - Pat Caffery Blackwork - Mary Lou Wilson Royal School of Needlework - embroidery techniques Theresa Lawrence, co-ordinator
May 14	AM	Learn-a-stitch Sashiko - Nancy Baker <i>Embroidery 101 - Mary Lou Wilson</i>
	PM	
June 4	AM	Annual General Meeting  <b>Show and Share</b>
	PM	Sea Creature - Pat Caffery Blackwork - Mary Lou Wilson Royal School of Needlework - embroidery techniques Theresa Lawrence, co-ordinator
June 18		 <b>10th Anniversary Party</b> 



### MEETING SCHEDULE Show and Share the second meeting of the month

Don't forget to sign up for your turn to bring treats

09:30 -10:15	Announcements
10:15 - 10:30	Coffee
10:30 - 12:30	A.M. class
12:30 - 01:00	Lunch
01:00 - 03:00	P.M. classes

## FIRST MEETING OF 2012

The first meeting of 2012 found members ready to get back to Guild activities. If the noise level during the new afternoon workshops was any indication, members are very enthusiastic about their new projects - Pat McCaffery's fibre art "Sea Creature" and silk thread painting lessons from the Royal School of Needlework Embroidery Techniques book. Members, not in either of these two groups also stayed and had a pleasant afternoon sewing on their own current projects and getting caught up on all the news from the holidays.



## Rose Haven

*Farm Store - Fibre Arts*

187 Main Street, Picton, On

613- 476-9092

[www.rosehavenfarm.net](http://www.rosehavenfarm.net)

Linda Swaine, Proprietor

*Wide assortment of unusual yarns, fibres & embellishments including:*

- \* Habu ribbon,      \* Koigu Needlepoint
  - \* Treenway's silk, threads & ribbons
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  - \* Frabjous Fibres      \* hand-dyed yarns,
  - \* white yarns for dyers
  - \* all kinds of materials for wet needle and nuno felting      \* rug hooking kits
  - \* specialty buttons      \* fine wire products
- and many other items in stock and being search out

**Fibre arts books & magazines  
workshops**

*What a difference 10 years can make!*

What a difference 10 years can make. The **Cataraqui Guild of Needle Arts** started organizing 11 years ago with an initial meeting held at the upstairs community room in Loblaws early fall of 2001. The Guild received their charter with EAC in June of 2002. The number of people who showed up for this initial meeting was overwhelming for the organizers, approximately 29 people showed up that first day. This was due in part to an article Jessie Deslaurieres wrote for *EMC* newspaper and advertising done at other fiber related meetings. They started looking around for a place to hold regular meetings. The Girl Guide Hall was used for the first couple of years and when they outgrew that space, moved to the present location at the Edith Rankin United Church.

Over the years many ladies have been involved on the executive for the guild. These are the people who made the guild run smoothly and have provided us all with interesting and diverse programs over the years. When I started this list I knew that people's names would be left out inadvertently and to them I apologize (They say a short pencil beats long memory and mine certainly doesn't go back far enough and my pencil is broken.) I thought you might like to see who has worked so diligently on your behalf over the past years to make the guild what you see today. Some names you might not know or recognize but they are part of the legacy and need to be acknowledged. I know too, that there are lots of people in the background who have picked up the slack when needed and those who have offered to teach us when we have needed teachers for our learn-a-stitch and afternoon programs. Their efforts will show up when we have our retrospect exhibition this year. There are people who organized bus trips and opened up their homes to summer stitch-ins, those who regularly bring in treats and are on call if we need to do a telephone call out, people who have taken on the role of communication via the internet and many more. To all we say thank you.

**President**



Kathy Gorman



Shirley White



Mary-Lou Wilson



Theresa Lawrence



Irene Hodge

**Vice President**

Carol Prytula, Shirley White, Mary Lou Wilson, Margaret Morris, Irene Hodge,  
Penny Arnott /Jocelyne Ezard

**Secretary**

Carol Prytula, Maureen Byer, Linda Hetherington, Sandra Storrington, Ruth Tracy

**Treasurer**

Elaine McKinnon, Mary Ann Dohler, Theresa Lawrence, Marg Henshaw, Theresa Lawrence  
Mary Ann Tooners (Auditor)

**Program**

Jane Silvassy, Shirley White, Theresa Lawrence, Anjali Shyam, Jane Rodgers/ Linda Burke,  
Mickie Beauchamp, Beth Abbott/ Elaine Hanson/Kristeen Krestensen

**Membership**

Betty Gill, Helen McEwen, Irene Hodge, Jean Walker, Nancy Baker

**Hospitality**

Sally Walsh, Winnie Grief, Betty Gill, Mickie Beauchamp, Jean Clair, Linda Burke, Ann  
Miller, Barb Jackson, Penny Arnott, Betty Beach, Betty deKleine, Elaine Stinson, Sally Fink,  
Sally Hutson, Joan Bales, Joan Legros, Donna Hamilton

**Newsletter**

Mary Lou Wilson, Jocelyne Ezard, Pat Caffery, Elizabeth Vandenberg

**Librarian**

Joyce Bushell, Theresa Lawrence, Kristeen Krestensen, Barb Jackson

**Web Master**

Ros Hanes, Donna Hamilton

**Workshops**

Shirley White, Sandra Roy, Mary Lou Wilson

**Fund Raising/Raffle**

Shirley White, Jose Roosenmaallen, Jane Rodgers, Penny Arnott

**ONN Rep**

Joyce Bushell, Bethany Garner

**Needle Arts Fair**

Kathy Gorman, Mary Lou Wilson, Margaret Morris, Peggy Jackson, Irene Hodge, Jocelyne  
Ezard

**Archives**

Shirley White, Linda Hetherington, Barb Morrow, Elaine Stinson, Rosanna Worden Hawker

*Theresa Lawrence*



## Membership News

### *Please welcome new member*

**Anne Claudio** Anne is a long time resident of Kingston and has always been interested in any kind of craft. Now that she has time to dedicate herself to her hobbies, she joined Kingston Heritage Quilters and from there met several women who also belong to our CGNA. She plans to attend as many meetings as she can.

\* \* \*

### *In Memory - Helen McEwen 1933-2011*

Helen McEwen, a long time member of the CGNA, passed away on Tuesday, December 20th of lung cancer. Helen joined the CGNA after many years spent quilting as a member of the Limestone Quilters' Guild.

Helen was an enthusiastic member of our guild and was on the executive in charge of membership for a time. She enjoyed the meetings, workshops and trips offered by the Guild. When she missed a meeting, because of her love for travel, she always appreciated that other members remembered to save her copies of The lessons. She enjoyed all forms of embroidery, even "out of the box" projects. Helen was left handed but our stitching instructions for right handed people didn't seem to faze her. She quickly figured out how to do the stitches and her embroidery work was always lovely.



She lived life to the fullest ...active in curling and paddling, as a member of the Chest mates dragon boat team, breast cancer survivors, Kingston. Her favourite pastimes were bridge, travel quilting and embroidery.

Helen was a kind and caring person who will be sadly missed by all who knew her.

Submitted by  
Mary Stevens

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blogspot.com](http://www.wooltymekingston.blogspot.com)

**CGNA members receive a  
10% discount off regular priced mer-  
chandise when you present this ad.  
Bring a friend and you will both receive 15% off.**

**COMING EVENTS**

**Inspiration & Exploration - The Kingston Fibre Artists** -April 1 - 30, 2012,  
Kingston Frontenac Library Central Branch, 130 Johnson Street (phone 613-549-8888  
to confirm room access)

**Fibre Fling - Out of the Box Fibre Artists** - April 27-28, 2012, Kitchissippi United  
Church, 650 Island Park Drive, Ottawa, Admission \$5, refreshments available.

**ONN General Meeting** - May 9, 2012, Kortwright Church, Guelph (see ONN website  
for more information)

**Thousand Islands Quilters' Guild - Silver Stitches - celebrating 25 years** - May 25-  
27, 2012 at the Brockville Memorial Civic Centre, Magedoma Drive, Brockville

**The Limestone Quilters' Guild and The Kingston Heirloom Quilters - Quilts  
Kingston** - June 8, 9, 10, 2012 at the Royal Kingston Curling Club, 120 Days Road,  
Kingston

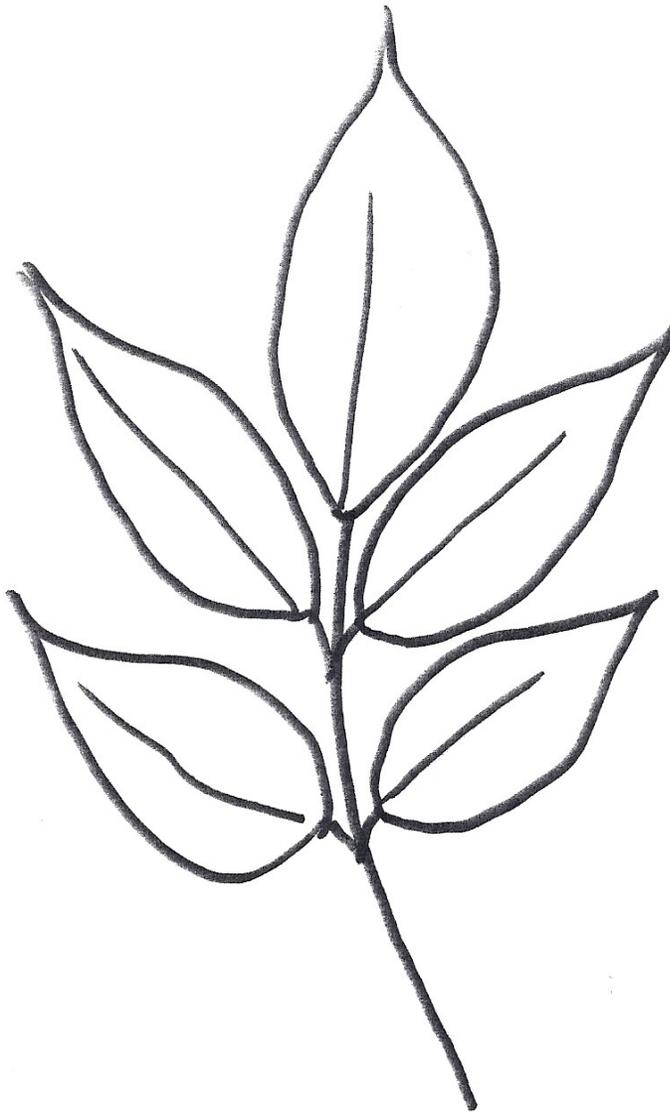
**Prince Edward County Quilters' Guild Quilt Show** - July 7 & 8, 2012 at the  
Wellington Community Centre, 111 Belleville St., Wellington

**CGNA Needle Arts Fair** - October 13, 2012 at the Salvation Army Citadel, corner of  
Taylor Kidd and Centennial Drive, Kingston

**The CGNA WEB SITE** Have you missed "learn and stitch lessons or Mary Lou's  
"Embroidery 101"? No problem. Check on the CGNA web site and catch up. As an added  
bonus you can also find up-to-date thread conversion charts. Be sure to let our web master,  
Donna Hamilton, know if you find a link you'd like to share with everyone and if you have  
suggestions for our site. After all, it is your web page. Our address is:

<http://quiltskingston.org/cgna> E-mail address: [cgna@quiltskingston.org](mailto:cgna@quiltskingston.org)

## President's Challenge - 2012



This year, our president, Irene Hodge, has created a formidable challenge for us but I am sure we are all equal to the task.

The Challenge consists of four individual blocks. 6 1/2 x 6 1/2

OR one block 13 x 13 divided into four

OR 1 block 26 x 6 1/2 divided into four

Each square must represent a season: spring, summer, fall and winter. Colours used should represent the seasons.

Material: 100% cotton, any colour

Threads: Floss, pearl or wool

The Challenge:

Each embroidery stitch can only be used twice. e.g. If you use chain stitch in square one you can only use it again in one other square. Any technique may be used.

Due date: The Needle Arts Fair

Let's all participate and make this the most successful challenge ever!

### STITCHING TRANQUILIZERS

For relief of distressing symptoms associated with fabric, stitching and floss or unfinished UFOs - be sure to follow recommended dosage

- ran out of fabric - 1 green tablet
- pricked your finger - 1 red tablet
- thimble doesn't fit - 1 pink tablet
- can't find scissors - 1 brown tablet
- floss doesn't match - 1 blue tablet
- knot in your floss - 1 orange tablet
- panic project not finished on time - 1 of each
- mental confusion - 2 of each
- nothing works - finish UFO

Submitted by Mickie

# WINTER IN REVIEW

