



KINGSTON HEIRLOOM QUILTERS

NEWSLETTER, Nov 2015

KHQ web: quiltskingston.org/khq/

2013/2014 Executive

Life Members:	Diane Berry, Bea Walroth, Donna Hamilton, Margaret Henshaw, Ros Hanes
President:	Donna Hamilton, Anjali Shyam
Past President:	Simone Lynch
Vice President:	
Corresponding Secretary:	Sally Hutson
Recording Secretary:	Gail Jennings
Treasurer:	Simone Lynch
Social Convenors:	Diane Davies, Gail Jennings
Membership/Phone Convenor:	Sylvia Curry
Publicity:	Peggy McAskill
Program:	Executive
Newsletter Editor:	Ros Hanes
Historian:	Karen Quattrocchi
Librarian:	Lorna Grice
Baby Quilts:	Joan Bales, Peggy McAskill

Meeting Dates:

Tuesdays:

Dec 1 - Christmas potluck lunch
Jan 5 - work day
Feb 2 – work day

Thursdays:

Nov 19 – work day, rug hooking trunk show
Jan 21- Annual General Meeting, raffle block due
Feb 18 - work day

Message from Your Presidents

Anjali Shyam (and Donna Hamilton)

It has been an unexpectedly warm November, but who's complaining...

We have had a busy time at our group meetings. Besides catching up with friends, both old and new, we get a lot of work done. Our keen hand quilters always occupy the chairs around the 'tulip quilt', baby quilts and touch quilts are being put together and of course, like me, if you need help with a project, you only have to ask....

At the general meeting, Kym introduced the raffle block and Simone brought us the 'brown paper bag' challenge. Please remember to bring the finished pieces to the meeting in December.

Rosalie's apron workshop was well received, we have seen a few of the finished ones during show and share. As always, Rosalie's instructions were very clear and easy to follow. (See Anjali's *finished* apron to the right.)



Joni Newman's stained-glass workshop was held in Odessa. The day went by so fast; there was so much to do. Joni brought her finished pieces to show and even had fabric and patterns for us to buy. Her appliqué technique and machine quilting, is a faster way to finish a project. Having said that, we might have a few hand-quilted pieces as well. This one is not for the UFO bin.... It was a wonderful learning experience, and of course a day spent with like-minded ladies, is always well spent. (See Donna's *finished* pieced to the right.)



Our garage sale is an opportunity for members to go through their sewing rooms. I picked up panels and fabric to make a Christmas table-topper and placemats, no time to slack if I want these ready for the holiday season.

Just a reminder, December 1st is our Christmas potluck lunch. Remember to bring your plates and cutlery and of course, a dish to share.

On behalf of your Executive, we wish you a Merry Christmas, Happy Holidays, and a joyous New Year!!!

Quilts=Art=Quilts

Nelly Kamphuis

In early November when the weather was warm and sunny for several days, my husband and I decided on the spur of the moment to spend a couple of days going to New York State. Our destination was Auburn to see the Quilts=Art=Quilts exhibit at the Schweinfurth Art Center. It was fabulous and well worth the trip! The quilts are stunning and there is a lot to see. The first day, we spent over an hour taking it all in and were happy to be able to come back the next day for a second look. On the second floor there is also an exhibit 'Traditions Made Modern' - double wedding ring quilts by Victoria Findlay Wolfe. They are very interesting interpretations of this traditional design and beautiful to look at.

The journey there and back was wonderful with lingering fall colours to enjoy along the way. We travelled along scenic secondary roads and through charming towns and villages. After crossing back into Canada, we were rewarded with a lovely sunset while driving along the Thousand Island Parkway, making it a wonderful way to end our little trip!



Kingston Fair 2015

The Kingston Fair was a little low on participants this year, especially considering the number of quilts that were at our Show. The biggest glitch this year was the on-line version of the Homecraft brochure did not agree with the paper version. The paper version had one or two items added to the crocheted items (no doubt at the last minute) and the on-line version was not updated. This meant we had to double check the item numbers and fix if not correct.

Our members did well:

Simone Lynch

- Appliqued Quilt, hand quilted, 1st
- Quilt, machine quilted, 1st
- un-quilted top, 2nd
- Special, Limestone Quilters, quilt appliqued, 1st
Grand champion, machine quilted, to district competition

Diane Berry - Pieced quilt quilted by hand – 2nd

Jose Roosenmaallen

- Group Quilt, hand quilted, 1st (pieced by granddaughter, Quilted by Jose, Anne)
- Placemats – 1st
- Sewing Article not listed, 2nd
- Article of Fleece, 1st
- Christmas Apron, 1st
- Child's night gown, 1st
- Cushion, 2nd
- Christmas stocking, 2nd

Donna Hamilton

Quilting

- Pieced Quilt, hand quilted, 1st
- Art Quilt – 1st
- Unquilted top – 1st
- Crib Quilt – 3rd

- Placemats – 3rd

KHQ Best of Show (Pieced quilt, hand quilted) and
Grand champion, hand quilted, to district competition

Flowers: 6 first place, 2 second place, 1 third place (no veggies this year)

Mary Ann Plousos from **Brockville** won *Best Article of Needlework* for her Blackwork, a gorgeous peacock.

Donna Hamilton



Needlework

- Article of Blackwork – 2nd
- Wall hanging ready to hang – 2nd
- Couch Cushion – 2nd
- Article not listed – Elizabethian Embroidery – 1st



Touch Quilts

The Touch Quilt project has many 6" cut squares of varying fabrics, which now need to be organized into small quilts. We need volunteers to start sewing these together for tops this week. KHQ have two sewing machines so hopefully we can complete one or two on Thursday. Another small project is for someone to embellish a top or a couple of squares.

Sally Hutson



Baby Quilts



KHQ members are stitching some of the small quilts by machine for older children as well as continuing to tie quilts for the new babies to be given to the Hugs program at the hospital. We are always in need of bats, including bits that can be pieced together.

Peggy McAskill



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Orphan Block Challenge

Simone Lynch

The Orphan block challenge is due at our December 1 meeting (Xmas pot-luck). If you want to keep your block, either for yourself, a friend or the boutique, bring it in unwrapped for show and share. If you want to participate in the Chinese gift exchange and take your chance at getting something someone else has made, bring it in gift-wrapped. We should start the exchange around 10:30am so please arrive by then so we can be finished before our lunch. Hope everyone had fun with the challenge. Thanks for participating.

Happy Birthday Betty!

Ian McAskill

My mother, Betty McAskill, celebrated her 100th birthday at St. Lawrence Place Retirement Residence this October 7th, 2015. She had a wonderful, happy celebration with over 60 family and friends in attendance. Betty received birthday greetings from many well-wishers, including the Queen and the Governor General.

Betty was a long time member of KHQ. She is in good health and while she no longer quilts, she still enjoys knitting. Her family enjoy sleeping under the many beautiful heritage quilts that Betty made during her many happy years with the KHQ quilters.

The photo shows Betty today and also in 1934 at the age of 18. In 1934 Betty d'Esterre was Canada's representative to the International Girl Guide Camp in Adelboden, Switzerland.



HANGING:

Light: Sunlight, even indirect sunlight, can really fade the fabrics. Even the light from florescent lighting can be damaging to a quilt over time. The ultraviolet rays in daylight and fluorescent light break down fabric dyes and speed up the oxidation of fibers. Both sunlight and fluorescent lighting can be filtered by the use of ultra violet shields. Brown and black dyes, silks and other delicate fabrics are particularly sensitive to light. Incandescent lighting is less damaging, but should be used at low levels and at a distance away from the quilt to prevent damage (drying out) from heat radiation.

1. When handling quilts, wear clean gloves, preferably cotton, to prevent skin oils from damaging the quilts.
2. Quilts that are hanging should be rotated at least with every season.
3. Hung quilts should be rested periodically, because of the stress that occurs over extended lengths of time.
4. Quilts that are hung should be periodically GENTLY vacuumed to keep dust from damaging the fibers.

Temperature and Humidity: Position a quilt so air quality, temperature, and humidity are somewhat controlled. Avoid displaying a quilt on a damp wall or near kitchen cooking areas. Limit display time, especially if the quilt is old and worn. Changes in temperature can cause stress and deterioration of the fibres and excess heat will cause it to dry out.

STORAGE:

Keep a quilt dry. Find a place where the quilt will get good circulation of cool, dry air. Damp air and moisture can attract mold and mildew that will quickly rot the fibres in the fabric and ruin the quilt. By far the best place to store your quilts is by lying them FLAT on an unused bed with a cotton sheet on top. Or you could use wide tables or several deep shelves with a cotton sheet on the top of the tables/shelves and another for the top of the quilt.

A good option for quilt storage is to **roll them** and put them on a shelf. By rolling quilts instead of folding, you'll prevent creases from forming. Quilts can be rolled around cardboard tubes, but cover the tube with all-cotton cloth to prevent acid from the cardboard from touching your quilt. Or purchase acid-free cardboard tubes from an archival supply vendor. Rolled quilts require a little more room to store, but the results are worth it.

Folding quilts can cause deep creases that are unable to be removed. If you must fold a quilt for storage, folding them on the bias is the preferred way to do it. This helps prevent creases from forming. Then every few months you should make a point of unfolding the quilts and shaking them out to air them. Make sure when you put them back that you re-fold them in a different way to prevent creases that occur when a quilt is folded the same way all the time. *Refold quilts at least once a year (every 3 to 6 months is preferred).* Always place some crumpled *acid-free tissue paper* in the folds to pad it out and minimise creasing. Remember that creases tend to become permanent over time and the tissue paper will help the quilt keep its shape. It is important to use acid-free paper as conventional tissue-paper contains acids that will stain and corrode the quilt fabrics over time. Don't stack too many folded quilts on top of each other or else the weight of all of the quilts will create creases that are hard to get out. *For the same reason, unfold and refold quilts every 3-6 months to avoid severe creasing.*

Whichever way you store your quilts, be sure to cover the quilts with cotton.

All the comments about HANGING, regarding **heat, temperature, and humidity** apply to storing quilts as well. The temperature range for storing a quilt is ideal around 59 - 68°F/15 - 20°C, with humidity around 50 percent. **Plastics and Styrofoam** should NOT BE USED for storage. They contain harmful vapors which contribute to the deterioration of the fabrics. **Wooden storage containers** should be sealed with a protective coating of

polyurethane varnish, then lined with unbleached, washed muslin or acid-free paper. **Metal containers** should also be lined with this muslin or paper.

This is a summary of the experiences of the Kingston Heirloom Quilters and several web pages. For references and an electronic version of this paper, visit: <http://quiltskingston.org/khq/quiltcare.htm>

Heritage Quilt Show

Ros Hanes

On Oct 17 my daughter Amy and I went to the Trinity United Church in Verona to see the Heritage Quilt Show presented by the Trinity Quilters. We had a most enjoyable time and only regretted that we didn't have more time to spend there. There was a splendid display of antique quilts by Dr. Bell of Sharbot Lake and an equally beautiful showing of some of Bethany Garner's collection.



There was a great showing of the member's quilts including some family treasures. We were happy to see quilts by friends from other groups such as Diane Dukoff and Jean Clair both in the embroidery group. Within the limited space of the church the quilts were shown quite well by being folded carefully over the pews.

We had a tasty lunch and met with many friends who were also enjoying the show. Unfortunately we ran out of time and couldn't check out the vendors but perhaps that's a good thing!

Show and Share



Simone with her block made at a Syracuse AQS workshop



Eleanor's "Tesselations of the Orient"



Mary Catherine is finishing one of her Grandmother's quilt tops for the cottage. She has covered a few rust spots by appliqued butterflies.



Karen is going to quilt this turn of the century quilt top purchased for \$25.



Phyllis has another beautiful log cabin quilt. She's enjoying her new machine!



Rosalie with one of her 'HandyHand-Wipes' aprons and a group working away at her mini workshop on Oct 6.





Here are some of the great results from the Joni Newman workshop held on Oct 13 in Odessa.



Exchange of Information with Guilds West of Kingston

Donna Hamilton

On Sunday November 8th, Simone Lynch and I travelled to Frankford Ontario, north of Belleville / Trenton. Here we visited with 2 to 3 members from four other quilt guilds at the home of Marion Peters, from the Quinte Quilters Guild. The visiting guilds were: Quinte Quilters Guild, Napanee Heritage Guild, Trent Valley Quilt Guild, North Hastings Quilt Club from Bancroft, and of course, the Kingston Heirloom Quilters. Two guilds sent their regrets: Prince Edward County Quilters and the Limestone Quilters' Guild (although Simone and I were able to fill in some of the Limestone information as we are both members.) The purpose of the meeting was to get to know each other, what our guilds do, what challenges we've had that everyone liked, and to share instructors – possibly the costs to bring the more expensive teachers into the area. We all face the same kinds of problems and challenges. This meeting had more emphasis on the get to know you aspect. Next year when we meet again, we will focus more on instructors. We have exchanged email addresses and will share upcoming instructor, bus trip, and similar information.



Snippets

Ros Hanes

- ** Please wear your nametag! We have a number of new members who are wondering who we all are. As one of the worst offenders I will try to find mine... I think I know where it is ...?
- ** The early bird draw for membership renewal drawn at the first Sept. meeting was won by Pat Addy.
- ** Kym Fenlon-Spazuk's raffle block challenge is very popular. It will be due after Christmas at the Annual meeting Jan 21.
- ** The library now has more Lois Monison books plus 2 boxes of quilt stencils, rulers etc. available for loan.



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Upcoming Events

Oct 29 - Nov 26, 2015: Seeking the Light

The Quinte Fibre Artists present "Seeking the Light", at the Belleville Public Library & John M. Parrott Art Gallery, 254 Pinnacle St., *Belleville, ON*. For more info call (613)968-6731 x2240

Nov 1 - Tuesday Feb 16, 2016: Stitched Together: The Art and Warmth of Quilts

You are invited to the Peel Art Gallery, Museum, and Archives, 9 Wellington St. E. in *Brampton, Ontario*, from Sunday November 1, 2015 to Tuesday February 16, 2016; hours 10-4:30pm. Admission: Adults \$5 Students & Seniors \$4 & Families-2 adults & 5 kids-\$12. For more information call 905-791-4055 or email *infopama at peelregion.ca*