



Kingston Heirloom Quilters' Newsletter

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Presidents' Message

Life continues to be strange and challenging. This is the first November that we have heard the term "November summer". Those two words normally don't go together, but this year they do. We have had more warm days (up to 16, 17C) than we can remember in a November. And haven't the colours of the trees been wonderful this year, even more spectacular than normal!

It has been great seeing everyone at our meetings again at the Church Hall. The good news is the Canada Quilt is on the frame, is basted, and we have begun quilting. In an effort to finish it for the Show we have arranged for extra Tuesday meetings at the Church Hall only to quilt on the Canada Quilt. The dates will be listed later in this newsletter. Don't forget. And do come out. Every stitch made is one closer to finishing the quilt. Right now, we are doing a lot of quilting in the ditch. If you are worried about your stitching, don't be. We are all rusty and we'll get better as we get back in shape. (The colour of the backing fabric will hide your stitching!)





The rest of this year will focus on our Quilts Kingston show in June 2023. Besides the Canada Quilt, we have baby quilts we can make, items for the boutique, complete the Scrappy Quilt top as well as continue making baby quilts for the Hospital and Touch Quilts. See Peggy and Sally for “kits”.



Our Christmas luncheon will be a little different this year as we will all still bring our own lunches. But we will bring in some special squares for everyone to celebrate our 43rd quilting season. We will use masks, gloves, and tongs to transfer the goodies to your plate.

We continue to look for ideas and items for the boutique. We need your help to make these items. Please help. We have members who have not returned due to health issues. We need everyone on board. Let's go quilt!

Donna and Anjali

2022-2023 Late Fall & Early Winter Meeting Dates and days to quilt on Canada Quilt:

Nov 15 – Canada Quilt only at 10am

Nov 17 – Thursday meeting date

Nov 29 – Canada Quilt only at 10am

Dec 6 – Meeting & Christmas Luncheon, bring own lunch & plate for goodies; celebrate 43 years of quilting

Here are possible meeting dates. If the weather is not good, we just may switch to Zoom and stitch together from home. You can work on whatever you want including baby or touch quilts or maybe your own project. We will also have some boutique patterns ready that you can make if you want. We will try to give you some notice.

Jan 3 – Tuesday meeting date	Feb 7 – Tuesday meeting date
Jan 17 - Canada Quilt only at 10am	Feb 21 - Canada Quilt only at 10am
Jan 19 – Thursday meeting date - AGM	Feb 23 – Thursday meeting date
Jan 31 – Canada Quilt only at 10am	



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Touch Quilts

Over the last couple of Covid years, I've had all the necessary fabrics, backings, and embellishments for these Touch Quilts at home. Now I will bring this all back to the church to be stored as before.

I would appreciate a volunteer or two to help with some sorting to make these quilts just as we do for the baby quilts.

I have fabrics to be cut into 6" squares, and fabrics for backing to be cut to size as well. With each quilt at least 10 squares are embellished. There is a large bag full of such items to be sewn on squares. Also, I have fleece, corduroy, and velvet just for the touching aspect of these quilts. I've put together four kits, ready to be sewn.

These quilts are so appreciated by not only dementia patients, but other unwell folks who need a little something to have of their very own, especially helpful when they feel a little agitated.

Sally

President's Challenge 2022/23

This year's challenge is to take a common saying and make a small wall quilt. There is a catch - you must pick your saying blind from a box full provided by Lyn, but if you are dismayed by your pick, you are allowed a second chance. Remember to keep your saying a secret! We will vote for viewer's choice 1st, 2nd, and 3rd prizes.

Rules:

1. Size – no larger than an 84 inches perimeter, but not too small. e.g., 20 x 17, 23 x15
2. Quilts should be quilted, bound, and labeled and ready to hang – add the saying to the label.
3. Due at the April guild meeting and then for the quilt show in June (registration for show due in March) you can register for the challenge without a photo.



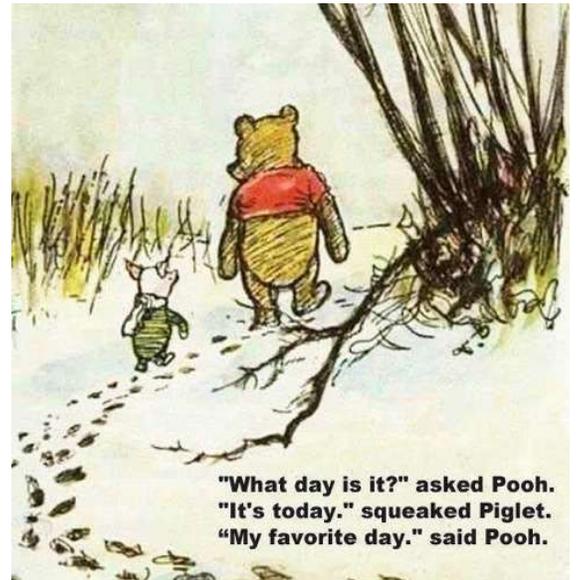


Baby Quilt Report



Five more quilts donated this fall.
Bernice is at the Waterford. In addition to knitting blankets, she cuts our baby fabrics into 6" squares.
We are grateful for all her help.

Bernice Day knits these blankets for our group to donate to KGH.





Show and Share



New member Susan showing her quilts and..... Simone sharing hers.





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Items for the boutique are growing. The sampler quilt is progressing, and the Canada quilt is now in the frame!





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DONNA IS ANXIOUS FOR YOU TO JOIN HER AT THE FRAME!!





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At our meeting on Oct.4, we were visited by Nora Szabo who brought old quilts from a neighbour who was moving. She wanted advice as to the age and repair needed. These are photos of our members looking at the quilts. Some were donated to local charities and others were taken by our members to repair (rather than see them go to an unappreciative home). Karen Q

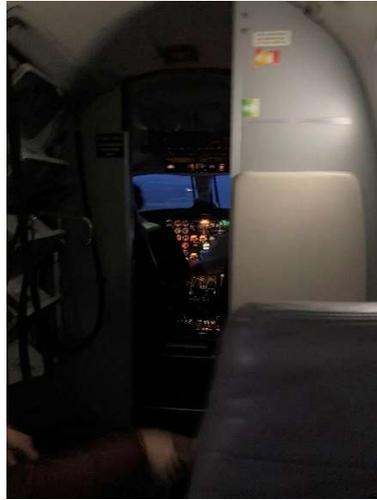




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The Sewing Machine That Could..

One morning, at the end of September, I flew out of Kingston airport heading East. A couple of stop overs and plane changes before seeing the lights of the village in the night. I had reached my destination for a short term teaching post in the lovely setting of Quebec's Lower North Shore. (pictures below)



I had to ship some items by Canada Post to the air stage post office due to airline luggage restrictions. Before I left Kingston I happened to see this little sewing machine at Canadian Tire which was just the right size and weight to send in a flat rate box.

Now late fall in this area brings long evenings and perhaps stay at home weather, so having this seemed like a worthwhile investment. My one disappointment when I opened it on arrival was that I could not change the foot to the 1/4inch one I had packed. I am eyeing it quite successfully now. It has one speed, but good tension and I can happily sew together straight pieces. Luckily, I brought scrap squares and charm packs with that in mind. Joyce





EXECUTIVE 2022-2023

Interim Co-Presidents : Donna Hamilton, Anjali Shyam

Past President: Simone Lynch

Vice President: Marg Henshaw

Corresponding Secretary: Sally Hutson

Recording Secretary: Lorna Grice

Treasurer: Mary Anne Kingston

Social Convenors: Jeannine Sullivan, Francine Leblanc

Membership/Phone Convenor:
Karen Quattrocchi

Publicity: Peggy McAskill

Program: Executive

Newsletter Editor: Joyce Foreman

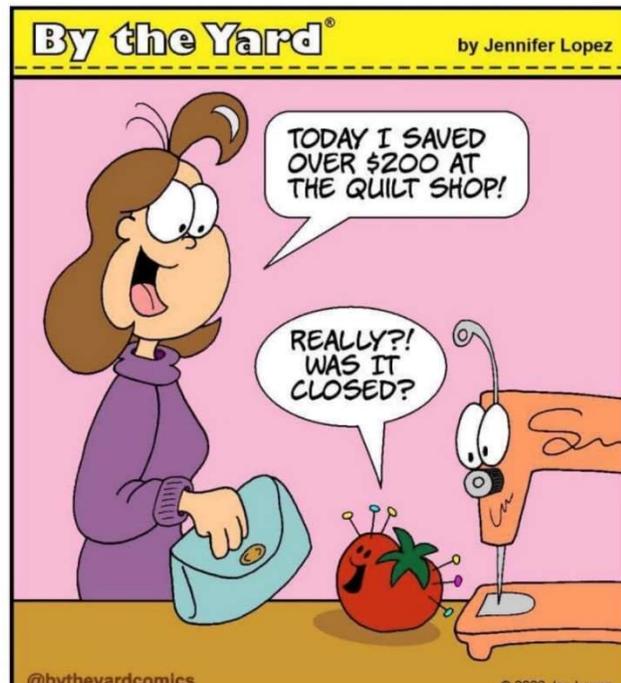
Historian: Karen Quattrocchi

Librarian: Ros Hanes

Baby Quilts: Joan Bales, Peggy McAskill

Touch Quilts: Sally Hutson

Life Members: Diane Berry, Bea Walroth,
Donna Hamilton, Margaret Henshaw, Ros Hanes



Two links to enjoy.

A quilt show in northern Ontario;

[Quilts embraced as art in 'Quilty Pleasures' | Sudbury Star \(thesudburystar.com\)](https://thesudburystar.com)

[Quilty Pleasures - YouTube](#)

A Christmas ornament to make. Selimut-ku: X-mas Ornament : Angels. (wienblog-selimutku.blogspot.com)



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Sponsors and Messages

Taylor Sewing
QUILT SHOP
7712 Kent Blvd
Brockville
613-342-3153
www.taylorsewing.com

JANOME **PFAFF** **AURIFIL**

Quilting Fabrics ~ Notions ~ Batting
MonK's Cloth ~ Machine Sales and Service

Online shop 24-7

www.quiltthyme.ca/

SHE-SHED & Studio

Opens Oct 2022

613-536-5255

kmagee5@sympatico.ca

Watch website for details!



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PaisleysQuiltShop.com



“Yoga for Quilters” offers gentle classes, using pillows, straps, yoga blocks or big books, all from the comfort of your home. If it’s raining, snowing, or hot outside, we don’t care! Come stretch and relax with me.

Wednesdays 10:30-11:45am Enjoy Gentle Yoga.

Fridays 9-9:45am Enjoy Chair Yoga.

You are encouraged to move within the range of motion of *your* body and with *your* breath. These classes will help you become more aware of what’s going on in your body and mind, ending with a full relaxation, bringing more energy to your body for the day ahead, preparing you for important tasks, like quilting. Enjoy the company of fellow quilters before and after class. For more details and to register, visit yogaforquilters.ca or talk with Donna. Certified Yoga Instructor: Donna Hamilton, yogaforquilters@gmail.com