



Kingston Heirloom Quilters' Newsletter

quiltskingston.org/khq/

January 2025

It 'seams' we are taking turns writing the message now and I was asked to do it this time.

I've been doing some decluttering in my sewing space this month and quite frankly, it looks more of a disaster than before I started! However, I have been sorting stuff that I want to get rid of and I will be going to a de-stash market in Odessa Feb 9th where I hope to sell a few things. There will be 45 vendors of various things, and not all are de-stashing.

As part of my decluttering, I found some things to donate to the kindergarten classes at the school my grandkids attended. Milo, my grandson and a grade one student, still goes to this school. They got many empty thread spools of all sizes, scraps of fabric and vinyl, construction paper, pencil crayons, plastic canvas and some yarn. I'm sure I'll find some more stuff in the coming weeks and months.

Even though it's been super cold the last few days there is hope for Spring. When I was at No Frills yesterday after the meeting, I saw an encouraging display of SEEDS! Yes, seed towers are starting to pop up. I'll have to go through what I might need for this years' planting and start buying before they run out of what I want.

I just finished hand quilting a scrappy quilt today and the binding is ready to stitch down. I used a big stitch using #12 Perle Cotton. I'm getting another top ready to load on the frame, it's been pieced since last year.

The Hexie quilt is moving along nicely under the watchful eye of Mary Anne McAndrews. The scrappy autumn quilt is slowly getting quilted, and the baby quilts are getting put together and quilted at a good pace. There will be many happy babies (and parents) in the future.

So, keep warm, keep sewing and be on the lookout for Spring, it's coming.

Simone

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Baby Quilt Report

Lucky us, Bernice continues to finish her "homework", knitting baby blankets, binding quilts and cutting squares. KHQ has donated 11 baby blankets and two knitted blankets to KGH since our Joyce's last newsletter. I have set a couple quilts and a couple knitted blankets aside in case our group is asked for donations to other causes.

Thank you to Simone, Pat, Ann, Mary Ann and all of you who have sewed and quilted. I appreciate all the fabric donations too.

Peggy



November 19th Meeting



Simone shared a chenille quilt.

A Dresden Plate quilt, pieced and appliqued with three hundred hours of hand quilting. 1994-1995

Simone's chenille handbags. The nurse's scissors suitable for cutting chenille were a gift from Phyllis.

Mary Ann K's sewing caddies.

Three quilts of Mary Ann McA. Far left: Spans 40 yrs. in the making with fabric perhaps 125 yrs. old.

Mid: Railroad Crossing
A scrap quilt.

R: Log Cabin variation.

Karen shared a garment of Grandmother Pearl Gee, a British Home Girl to Westport.

Alysha showed a minky backed quilt for her niece.

Christmas Collage



On **December 3rd** Gail shared this beautiful quilt.



January 21st Meet



L: Vivien shows a log cabin quilt she is making for a grandson. There will be 24 of these blocks, one will be red. She quilts and binds each one and then sews them together as you would EPP.

M: Simone with three baby quilt tops to donate showing she is taking destashing seriously.

R: Jose is modelling boot fillers. She is looking for batting scraps as she has to be careful of what she uses for stuffing as she pointed out she wouldn't want any beans sprouting if the boots might be damp!

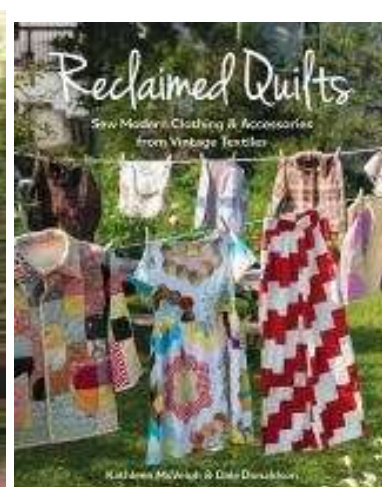
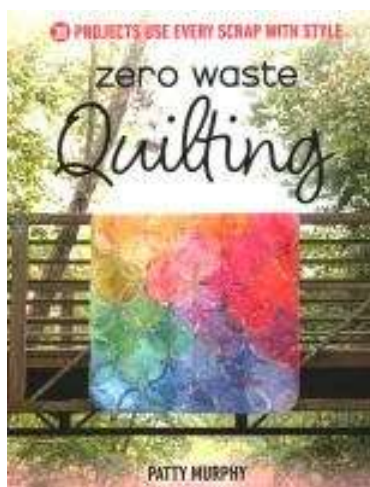
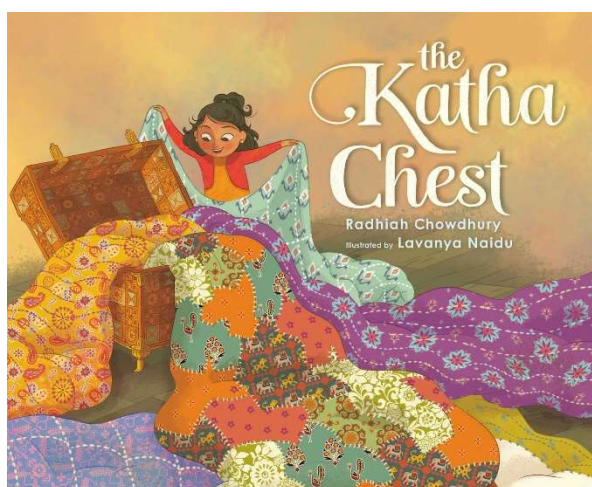


Our ongoing projects continue to progress.



Snippets

Kingston Frontenac Library has this children's story and two new books that may interest you.



A visit to the Art Gallery of Ontario this fall introduced me to this artist's works. Joyce

Pacita Abad

The works of the late Philippine-born artist Pacita Abad were showcased in her first Canadian retrospective, featuring over 100 pieces in various mediums including textiles, paintings, and prints. Abad's art is noted for its social justice themes and innovative use of materials, particularly her large-scale quilted paintings called trapuntos. Her global travels influenced her work, incorporating diverse techniques and materials such as Indonesian batik and Korean ink drawing.



Handy Tip

Submitted by Donna



[How to Keep Bobbin Thread from Unraveling - Needlepointers.com](http://www.needlepointers.com)

COMPLETE VIDEO TUTORIAL AVAILABLE! The video below is a preview with no audio, to watch the whole video tutorial, click the link [How to Keep Bobbin Thread from Unraveling](http://www.needlepointers.com) to watch in Youtube.

www.needlepointers.com

https://www.needlepointers.com/main/youtubecontent.aspx?Youtubepageid=511&utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_smartloop&utm_content=smartloop&utm_term=7073851

Destash Bash

This is a sale to sell anything the vendors want, even old stock, craft supplies, small yard sale items, toys, clothing etc. Odessa Fairgrounds. Sunday, February 9th 10am-2pm.

Submitted by Simone

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“Yoga for Quilters” offers gentle classes, using pillows, straps, yoga blocks or big books, all from the comfort of your home. If it is raining, snowing, or hot outside, we don't care! Come stretch and relax with me.

Wednesdays 9-10:15am Enjoy Gentle Yoga.

Fridays 9-10am Enjoy Chair Yoga.

You are encouraged to move within the range of motion of your body and with your breath. These classes will help you become more aware of what's going on in your body and mind, ending with a full relaxation, bringing more energy to your body for the day ahead, preparing you for important tasks, like quilting. Enjoy the company of fellow quilters before and after class. For more details and to register, visit yogaforquilters.ca or talk with Donna.

Certified Yoga instructor: Donna Hamilton, yogaforquilters@gmail.com